

## Special Issue

# Advances and Challenges in Food Safety and Healthy Nutrition

### Message from the Guest Editors

We are pleased to invite you to submit original research papers and review articles that address advances and challenges in food safety and healthy nutrition. In this Special Issue, original research articles and reviews are welcome. The scope of this Special Issue includes, but is not limited to, the following topics:

- producing health-promoting foods containing natural ingredients that are rich in biologically active substances, contributing to the improvements in the quality of life of consumers with diet-related diseases;
- quality systems in food production;
- food safety and control systems;
- food adulteration control methods.

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### Guest Editors

Dr. Elżbieta Górską-Horczyczak

Dr. Magdalena Zalewska

Dr. Ewelina Pogorzelska

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### Deadline for manuscript submissions

20 September 2025



## Applied Sciences

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CiteScore 5.5



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*Applied Sciences*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[appls-ci@mdpi.com](mailto:appls-ci@mdpi.com)

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## About the Journal

### Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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### Editor-in-Chief

Prof. Dr. Giulio Nicola Cerullo  
Dipartimento di Fisica, Politecnico di Milano, Piazza L. da Vinci 32,  
20133 Milano, Italy

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