# Special Issue

# Virtual Reality-Based Training System for Autonomous Learning

# Message from the Guest Editors

VR-based training systems for autonomous learning represent a revolutionary innovation in education. These immersive technologies create simulated environments that enable students to explore and learn independently in their own pace. Real-time interactivity and 3D visualization optimize understanding and the retention of complex concepts, while gamification increases motivation and engagement. This approach not only personalizes the learning experience, but also democratizes access to specialized training environments, reducing the costs and risks associated with traditional training, and instant feedback and virtual hands-on experiences foster more efficient and effective learning. Researchers are invited to present their results in the form of articles or reviews on the subject of VR-based training systems for autonomous learning. Topics of interest include but are not limited to, the design and development of immersive virtual environments, the evaluation of their effectiveness in autonomous learning, the characterization of the user experience, or their application in various fields such as higher/vocational education, industrial training, and medical skills acquisition.

### **Guest Editors**

### Dr. Pablo Fernández-Arias

Technology, Instruction and Design in Engineering and Education Research Group (TiDEE.rg), Catholic University of Ávila, 05005 Ávila, Spain

# Dr. Diego Vergara

Technology, Instruction and Design in Engineering and Education Research Group (TiDEE.rg), Catholic University of Ávila, 05005 Ávila, Spain

# Deadline for manuscript submissions

20 December 2025



# Applied Sciences

an Open Access Journal by MDPI

Impact Factor 2.5 CiteScore 5.5



mdpi.com/si/223997

Applied Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
applisci@mdpi.com

mdpi.com/journal/applsci





# Applied Sciences

an Open Access Journal by MDPI

Impact Factor 2.5 CiteScore 5.5



# **About the Journal**

# Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

# Editor-in-Chief

Prof. Dr. Giulio Nicola Cerullo

Dipartimento di Fisica, Politecnico di Milano, Piazza L. da Vinci 32, 20133 Milano, Italy

# **Author Benefits**

# **Open Access:**

free for readers, with article processing charges (APC) paid by authors or their institutions.

# **High Visibility:**

indexed within Scopus, SCIE (Web of Science), Ei Compendex, Inspec, CAPlus / SciFinder, and other databases.

### Journal Rank:

JCR - Q2 (Engineering, Multidisciplinary) / CiteScore - Q1 (General Engineering)

