

Special Issue

Uses and Applications of Body Composition in Different Population Groups' Health, Disease and Physical Exercise

Message from the Guest Editors

This Special Issue seeks to provide educational innovation and technologies in body composition for stabilising the balance between different methods of determination, as well as establish reference values related to health in different types of population as the effect of different lifestyle interventions, dietetic-nutritional and/or physical activity intervention in body composition. Additionally, this Special Issue seeks to establish possible methods of assessment and monitoring of body composition associated with sports performance and/or detection of sports talent. As the Chief Editors of this Special Issue we would like to call for original research articles, cohort studies, case studies, systematic reviews and meta-analyses focused on this topic. Keywords

- body composition
- technologies
- applications
- apps
- software
- biomechanics
- sport
- physical activity
- disease
- health
- educational innovation
- performance
- artificial intelligence

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Deadline for manuscript submissions

closed (29 February 2024)



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About the Journal

Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

Editor-in-Chief

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