

## Special Issue

# Dietary Supplements in Clinical and Translational Practice: Mechanisms, Applications and Future Directions

### Message from the Guest Editors

The field of dietary supplements is rapidly expanding and is situated at the intersection of nutrition, pharmacology and personalized medicine. Although their use is widespread, both among the general population and patients, the level of scientific evidence supporting their efficacy and safety varies considerably. This Special Issue aims to provide a multidisciplinary platform for recent studies on dietary supplements, covering their mechanisms of action, clinical efficacy, drug interactions, regulatory aspects and product quality. We welcome original contributions, systematic reviews, meta-analyses and case studies, aiming to promote the informed and responsible use of dietary supplements in modern medical practice.

### Guest Editors

Dr. George Jitca

Prof. Dr. Amelia Tero-Vescan

Dr. Bianca-Eugenia Ősz

### Deadline for manuscript submissions

20 December 2025



## Applied Sciences

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[mdpi.com/journal/](https://mdpi.com/journal/)

[applsci](https://doi.org/10.3390/applsci)





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### Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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### Editor-in-Chief

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