



## Musculoskeletal Rehabilitation

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Deadline for manuscript  
submissions:

**closed (31 March 2021)**

### Message from the Guest Editors

Musculoskeletal disorders are defined as pathological modifications of the musculoskeletal system, including joints, ligaments, muscles, nerves, and tendons. Starting from an adequate diagnosis, a patient-tailored rehabilitation plan should focus on recovering mobility and muscle strength and performance and on improving patients' quality of life. In this scenario, pain is considered the main symptom that commonly characterizes these conditions in both acute and chronic disease stages. In the recent past, interventional physiatry has been introduced as an effective treatment for musculoskeletal pain through a wide range of interventions including ultrasound-guided injections, mesotherapy, oxygen–ozone therapy, dry needling, neuromodulation (radiofrequency and peripheral nervous stimulation).

Therefore, in the present Special Issue, we aim at describing the role of rehabilitation in the management of impairments due to musculoskeletal diseases, with a special focus on pain management, in order to boost patients' level of functioning, independence of daily living, and quality of life.





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## Message from the Editor-in-Chief

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