



Human Skeletal Muscle and Tendon Characteristics in Sport and Rehabilitation

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Message from the Guest Editors

This research topic “Human Skeletal Muscle and Tendon Characteristics in Sport and Rehabilitation” determines the link between recreational activity, professional sports performance, rehab, and well-being. Potential topics include, but are not limited to, the following:

- Recreational activity as a benefit for health.
- Optimization of sports performance by investigating muscle mechanical (viscoelastic), morphological, and architectonical properties.
- Skeletal muscle monitoring as an injury preventive method.
- Muscle and tendon characteristics in rehabilitation and medicine.
- Optimization of rehab and athletic training after musculoskeletal injuries.
- Digitalization in in modern sport and medicine.





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Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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