



## Development of Healthy Dairy Products

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### Message from the Guest Editors

Dear Colleagues,

Dairy products represent one of the most elemental foods for consumers, mainly children and elderly people, because of their nutritional composition, being part of the official nutritional recommendations worldwide.

Nowadays the global dairy products industry is benefitting from the technological innovations that are enabling to provide quality products. Consequently, a growing number of consumers are turning to dairy as a food that can improve their health. Especially yogurt is perceived as a healthy food by consumers owing to the presence of live and active bacterial cultures that promote gut health.

The main objective of this Special Issue is to focus on the applications and challenges that have dairy industry must face. It is expected to become an international forum for dairy scientists to present current innovations and ideas in the field, with a special emphasis on the future perspectives.

### Keywords

- healthy/functional dairy products
- yogurt
- cheese
- low-sodium
- low-fat
- medicinal plants
- probiotics

# Special Issue



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## Message from the Editor-in-Chief

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