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Dietary Interventions for Human General and Oral Health and Disease Reduction

Guest Editors:

Prof. Dr. Theodoros Varzakas

Department of Food Science and Technology, University of Peloponnese, 24100 Antikalamos, Kalamata, Greece

Dr. Maria Antoniadou

Department of Dentistry, School of Health Sciences, National and Kapodistrian University of Athens, 15784 Athens, Greece

Deadline for manuscript submissions:

closed (31 October 2023)

Message from the Guest Editors

We are pleased to invite you to contribute to this Special Issue of *Applied Sciences* titled “**Dietary Interventions for Human General and Oral Health and Disease Reduction**”.

The aim of this Special Issue is to enhance the subject of nutrition as a key part of human well-being in different systematic and oral diseases. Furthermore, it will approach diet from the point of view of professionals so that they themselves can stay healthy in busy and stressful working environments. Papers discussing educational diet coaching issues are also welcome.

In this Special Issue, original research articles and reviews are welcome. Research areas may include (but are not limited to) the following:

- Dental caries and supplements or fermented foods;
- Obesity and malnutrition vs. dental caries;
- Nutritional approaches in systematic and oral diseases;
- Education on diet styles;
- Diet and psychological wellbeing of adults;
- Nutritional issues for professionals in the health industry.



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Special Issue



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Editor-in-Chief

Prof. Dr. Giulio Nicola Cerullo
Dipartimento di Fisica,
Politecnico di Milano, Piazza L.
da Vinci 32, 20133 Milano, Italy

Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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Applied Sciences Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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