

Special Issue

Unveiling the Essential Role of Coenzyme Q in Health

Message from the Guest Editors

Welcome to the 11th Conference of the International Coenzyme Q10 Association, which will be held in a hybrid format at the University of Copenhagen, Denmark, from 16 to 19 June 2025. We look forward to your participation in this event. This Special Issue will publish selected papers presented during the meeting and will include insights and perspectives on the following topics:

- New advances in CoQ biosynthesis;
- Use of precursors to increase coenzyme Q biosynthesis;
- Primary and secondary deficiencies;
- Different clinical aspects of CoQ;
- CoQ in cognitive deficiency and persistent COVID;
- CoQ in cardiovascular disease and hearth failure;
- Bioavailability of coenzyme Q10;
- Sport, physical activity, and CoQ;
- CoQ in healthy aging;
- How to start CoQ10 supplementation in a patient?

We expect that this conference will present new and exciting developments on the role of coenzyme Q in health and disease, as well as new insights into its biosynthesis pathway. The Scientific Committee cordially welcomes you, and we look forward to your contribution.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

It has been recognized in medical sciences that in order to prevent adverse effects of “oxidative stress” a balance exists between prooxidants and antioxidants in living systems. Imbalances are found in a variety of diseases and chronic health situations. Our journal *Antioxidants* serves as an authoritative source of information on current topics of research in the area of oxidative stress and antioxidant defense systems. The future is bright for antioxidant research and since 2012, *Antioxidants* has become a key forum for researchers to bring their findings to the forefront.

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