

## Special Issue

# Conditioning Horses for Competitive Performance and Health

### Message from the Guest Editors

Conditioning can be defined as the process of preparing an athlete for competition so that they can compete at their best and avoid injuries and disease. Nowadays, more horses are getting older and develop age-dependent and “civilization” diseases. Managing the older horses through conditioning programs is likely to keep them healthy for longer, as is the case for humans. Thus, this Special Issue shall be devoted to research on:

- The conditioning of race and sport horses competing in all sports disciplines, and all other horses, to prevent them from diseases due to aging and “civilization”.
- Managing the health of all horses with ailments produced due to a lack of movement and overfeeding (civilization diseases) through regular exercise.
- The diagnosis and monitoring of the effect of conditioning programs.
- Basic information on the possibilities and inconveniences of using physiological and biochemical variables to condition horses and monitor the effects of the conditioning programs.

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### Guest Editors

Dr. Arno E. Lindner  
Prof. Dr. Warwick Bayly  
Prof. Dr. Kenneth McKeever

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### Deadline for manuscript submissions

closed (15 February 2024)



## Animals

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## About the Journal

### Message from the Editor-in-Chief

*Animals* is an on-line open access journal that was first published in 2011. *Animals* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues in the many varied disciplines that involve animals, with a focus on animal science, animal welfare and animal ethics. *Animals* is covered in the Science Citation Index Expanded (SCIE) in Web of Science, with the latest Impact Factor: 2.7 (2024, ranks 15/86 (Q1) in 'Agriculture, Dairy & Animal Science'; 21/170 (Q1) in 'Veterinary Sciences'), 5-Year Impact Factor: 3.2.

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### Editor-in-Chief

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2. Former Foundation Professor of Animal Welfare, University of Queensland and Foundation Director, Centre for Animal Welfare and Ethics, University of Queensland, Brisbane, Australia

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