

Special Issue

The Health Benefits of Human–Animal Interactions

Message from the Guest Editor

The study of the human–animal bond has recently increased, with much of the research focusing on the benefits of this interaction. More research is needed on what types of people benefit most from animal interactions, which types of animal interactions are most beneficial for certain populations, whether there are circumstances under which animal interactions are less beneficial or harmful to health or mental health, etc. Original manuscripts that address any aspect of the health benefits of human–animal interaction are invited for this Special Issue. Topics of special interest may include: Health/mental health benefits of animal-assisted interventions and therapy, emotional support animals or companion animals; Interaction with animals and its effects on physical health and/or mental health and wellbeing; Human–animal factors that promote engagement in preventative health behaviors; Grief and loss of companion animals, bereaved clients, and/or human loss; The role of animal/pet ownership in people’s physical or mental health during the COVID-19 pandemic; and Human–animal interactions that are harmful or less beneficial to human health.

Guest Editor

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Deadline for manuscript submissions

closed (15 March 2024)



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About the Journal

Message from the Editor-in-Chief

Animals is an on-line open access journal that was first published in 2011. *Animals* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues in the many varied disciplines that involve animals, with a focus on animal science, animal welfare and animal ethics. *Animals* is covered in the Science Citation Index Expanded (SCIE) in Web of Science, with the latest Impact Factor: 2.7 (2024, ranks 15/86 (Q1) in 'Agriculture, Dairy & Animal Science'; 21/170 (Q1) in 'Veterinary Sciences'), 5-Year Impact Factor: 3.2.

Editor-in-Chief

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