

## Special Issue

# The Horse as an Athlete: Sports Medicine, Rehabilitation and Wellness

### Message from the Guest Editor

The horse is an exceptional athlete, and its abilities are used in many different sports. Positive results depend on whether the individual is physiologically suited to the needs of the event. However, good performances are maintained by adequate management of the horse, appropriate and regular veterinary controls, a deep understanding of the physiological mechanisms of the main body systems involved in athletic performance. Research studies on equine sports medicine contribute to the continuous updates on the pathological mechanisms of different syndromes, on the highest-quality diagnostic methods. The correct and appropriate approach of an injury, as well as the best technical and instrumental management, are fundamental for a rapid and possibly complete recovery of the horse. We welcome submissions of original research, reviews, focused on equine sport medicine, including (but not limited to) equine sports physiology, disease pathological mechanisms, novel diagnostic techniques, poor performance evaluation, medical and surgical treatments, and rehabilitation of sport horses.

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### Guest Editor

Dr. Enrica Zucca

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### Deadline for manuscript submissions

closed (1 March 2020)



## Animals

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## About the Journal

### Message from the Editor-in-Chief

*Animals* is an on-line open access journal that was first published in 2011. *Animals* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues in the many varied disciplines that involve animals, with a focus on animal science, animal welfare and animal ethics. *Animals* is covered in the Science Citation Index Expanded (SCIE) in Web of Science, with the latest Impact Factor: 2.7 (2024, ranks 15/86 (Q1) in 'Agriculture, Dairy & Animal Science'; 21/170 (Q1) in 'Veterinary Sciences'), 5-Year Impact Factor: 3.2.

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### Editor-in-Chief

Prof. Dr. Clive J. C. Phillips

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2. Former Foundation Professor of Animal Welfare, University of Queensland and Foundation Director, Centre for Animal Welfare and Ethics, University of Queensland, Brisbane, Australia

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