# **Special Issue**

# Advances in Wellness in Dogs: Body Condition, Fitness and Cognition

# Message from the Guest Editor

Cognitive processes include memory, attention, inhibitory control, cognitive flexibility, and problem solving, and these encompass what is termed executive function. These processes allow a dog to navigate the human home in which they live and excel at activities such as sports, therapy work, service work, and working dog activities. Factors such as exercise/physical fitness (Bray et al., 2023; Yarborough et al., 2022; Mondino et al., 2023), body condition/obesity, and training (Chapagain et al., 2017, 2020; Marshall-Pescini et al., 2008, 2016; Range et al., 2009, Foraita et al., 2021) may contribute to executive function in dogs, but the number of studies on this topic are limited. Therefore, better understanding the factors that contribute to executive function in dogs is critical for understanding how to improve their lives and health.

## **Guest Editor**

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