



*animals*



an Open Access Journal by MDPI

## Working Methods in the Field of Animal Assisted Therapy (AAT), Activities (AAA), and Education (AAE): An Open Discussion

Guest Editors:

**Prof. Lucia Francesca Menna**

Department of Veterinary  
Medicine and Animal  
Productions, Federico II  
University of Naples, via  
Mezzocannone, 8-80134 Naples,  
Italy

**Dr. Cristiano Scandurra**

Department of Neuroscience,  
Reproductive Sciences and  
Dentistry, University of Naples  
Federico II, 80138 Napoli, NA,  
Italy

Deadline for manuscript  
submissions:

**closed (28 February 2021)**

### Message from the Guest Editors

animal-assisted interventions (AAls) are used in a variety of settings and populations for their cost-effectiveness and positive impacts on wellbeing and psycho-social functioning. AAls continue to generate a great interest in scientific communities and clinical environments, highlighting the strong significance of the interactions and bonds between animals and human beings. However, scholars use different methods and definitions, and it is hard to find common working methods. Therefore, as researchers, we need to open an international and interdisciplinary discussion about this matter, with a particular focus on the different working methods used worldwide which also include the choice of the species and the individual animals.

This Special Issue is open to any subject area related to recent advances in the three main AAls' souls: Animal Assisted Therapy (AAT), Animal Assisted Activities (AAA), and Animal Assisted Education (AAE).



[mdpi.com/si/41474](https://mdpi.com/si/41474)

# Special Issue



an Open Access Journal by MDPI

## Editor-in-Chief

### Prof. Dr. Clive J. C. Phillips

1. Institute of Veterinary Medicine  
and Animal Sciences, Estonian  
University of Life Sciences,  
Kreutzwaldi 1, 51014 Tartu,  
Estonia  
2. Curtin University Sustainability  
Policy (CUSP) Institute, Kent St.,  
Bentley 6102, Australia

## Message from the Editor-in-Chief

*Animals* is an on-line open access journal that was first published in 2011. *Animals* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues in the many varied disciplines that involve animals, with a focus on animal science, animal welfare and animal ethics. *Animals* is covered in the Science Citation Index Expanded (SCIE) in Web of Science, with the latest Impact Factor: 2.7 (2024, ranks 15/86 (Q1) in ‘Agriculture, Dairy & Animal Science’; 21/170 (Q1) in ‘Veterinary Sciences’), 5-Year Impact Factor: 3.2.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, PubAg, AGRIS, Animal Science Database, CAB Abstracts, and other databases.

**Journal Rank:** JCR - Q1 (Veterinary Sciences) / CiteScore - Q1 (General Veterinary)

## Contact Us

*Animals* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/animals](http://mdpi.com/journal/animals)  
[animals@mdpi.com](mailto:animals@mdpi.com)  
[X@Animals\\_MDPI](https://twitter.com/Animals_MDPI)