



animals



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Conditioning Horses for Competitive Performance and Health

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Deadline for manuscript
submissions:

closed (15 February 2024)

Message from the Guest Editors

Dear Colleagues,

Conditioning can be defined as the process of preparing an athlete for competition so that they can compete at their best and avoid injuries and disease. Nowadays, more horses are getting older and develop age-dependent and “civilization” diseases. Managing the older horses through conditioning programs is likely to keep them healthy for longer, as is the case for humans.

Thus, this Special Issue shall be devoted to research on:

- The conditioning of race and sport horses competing in all sports disciplines, and all other horses, to prevent them from diseases due to aging and “civilization”.
- Managing the health of all horses with ailments produced due to a lack of movement and overfeeding (civilization diseases) through regular exercise.
- The diagnosis and monitoring of the effect of conditioning programs.
- Basic information on the possibilities and inconveniences of using physiological and biochemical variables to condition horses and monitor the effects of the conditioning programs.



mdpi.com/si/153936

Special Issue



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Message from the Editor-in-Chief

Animals is an on-line open access journal that was first published in 2011. *Animals* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues in the many varied disciplines that involve animals, with a focus on animal science, animal welfare and animal ethics. *Animals* is covered in the Science Citation Index Expanded (SCIE) in Web of Science, with the latest Impact Factor: 3.0 (2022, ranks 12 /62 (Q1) in ‘Agriculture, Dairy & Animal Science’; 13/143 (Q1) in ‘Veterinary Sciences’), 5-Year Impact Factor: 3.2.

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Journal Rank: JCR - Q1 (*Veterinary Sciences*) / CiteScore - Q1 (*General Veterinary*)

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