

Special Issue

Strategic HR Integration of Self-Leadership: Well-Being, Work Happiness and Performance in Organizations

Message from the Guest Editor

Today's organizations increasingly face the dual challenge of sustaining high performance while fostering employee well-being. Recent scholarship identifies self-leadership as a key strategic lever for both individual and organizational success, linking it to performance, self-efficacy, and positive job attitudes. This Special Issue addresses how self-leadership and health-promoting strategies can be systematically integrated into organizational systems to enhance well-being, resilience, and sustainable performance. We welcome conceptual and empirical contributions advancing theory and practice for resilient, healthy, and high-performing organizations. This Special Issue, therefore, invites contributions that explore, but are not limited to, the following themes:

- Conceptual and Theoretical Foundations
- Boundary Conditions and Paradoxes
- Leadership and HR System Interactions
- Health, Resilience, and Psychological Resources
- Innovation, Learning, and Performance
- Strategic Interventions and Training Transfer
- Future-Fit and Technological Contexts
- Methodological and Multilevel Advancements

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Welcome to *Administrative Sciences*, the journal aims to advance and communicate knowledge concerning management theory and practice both in public administration and in profit organizations; it encourages submissions that build on interdisciplinary research in related fields, such as business, economics, political science, gender studies, psychology, sociology, physiology, communication theory or artificial intelligence and their implications on management, organizations and the society. Join us on a journey through the *Administrative Sciences*, where management merges with innovation.

Editor-in-Chief

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