This book represents the articles published in the Special Issue “Motor Control and Learning in Childhood and Adolescence: Interactions with Sports and Exercise”. Among the included articles, two main topics of research can be observed: those focusing on sports training and those focusing on exercise and physical activity for health. Interestingly, different study designs and methodologies were conducted, thus we believe that this book provides interesting reading for those who want to have a quick overview of the current research in motor control and learning.
MDPI Books offers quality open access book publishing to promote the exchange of ideas and knowledge in a globalized world. MDPI Books encompasses all the benefits of open access – high availability and visibility, as well as wide and rapid dissemination. With MDPI Books, you can complement the digital version of your work with a high quality printed counterpart.

Open Access
Your scholarly work is accessible worldwide without any restrictions. All authors retain the copyright for their work distributed under the terms of the Creative Commons Attribution License.

Author Focus
Authors and editors profit from MDPI’s over two decades of experience in open access publishing, our customized personal support throughout the entire publication process, and competitive processing charges as well as unique contributor discounts on book purchases.

High Quality & Rapid Publication
MDPI ensures a thorough review for all published items and provides a fast publication procedure. State-of-the-art research and time-sensitive topics are released with a minimum amount of delay.

High Visibility
Due to our global network and well-known channel partners, we ensure maximum visibility and broad dissemination. Title information of books is sent to international indexing databases and archives, such as the Directory of Open Access Books (DOAB), the Verzeichnis lieferbarer Bücher (VLB).

Print on Demand and Multiple Formats
MDPI Books are available for purchase and to read online at any time. Our print-on-demand service offers a sustainable, cost-effective and fast way to publish MDPI Books printed versions.