

Section A: Socio demographic characteristics

1. Age (a) Below 15 years [] (b) 15 to 19 years [] (c) 20 to 24 years [] (d) 25 to 29 years []
2. Which class are you? (a) JHS 1 [] (b) JHS 2 [] (c) JHS 3 []
3. What is your Ethnicity? (a) Dagomba [] (b) Gonja [] (c) Mamprusi [] (d) other specify.....
4. What is your religion? (a) Christianity [] (b) Islam [] (c) Traditionalist [] (d) Others please specify_____
5. Category of school? (a) Public [] (b) Private []
6. Whom do you live with at present?
(a) With my mother and father [] (b) With my mother only [] (c) With my father only [] (d) With relatives [] (e) With friends [] (f) Other(specify)_____
7. What is your father's educational level?
(a) No formal Education [] (b) Basic education [] (c) Secondary school [] (d) College diploma and above []
8. What is your mother's educational level?
(a) No formal Education [] (b) Basic education [] (c) Secondary school [] (d) College diploma and above []
9. Category of employment of mother? Self employed [] Unemployed [] Public sector employment [] Private sector employment []
10. Category of employment of father? Self employed [] Unemployed [] Public sector employment [] Private sector employment []

Section B: Practices of managing menstrual hygiene among adolescent school girls

11. Do you use absorbent material during period or menses? (a) Yes [] (b) No []
12. What absorbent material do you use mostly during menstruation? (a) Commercially made sanitary pad [] (b) Tissue paper [] (c) Cloth [] (d) Other(specify)_____
13. Do you reuse absorbent materials? (a) Yes [] (b) No []
14. Place of pad store (absorbent materials) in between use? (a) In the bath room [] (b) With other cloth [] (c) Separately [] (d) Others specify_____
15. If you are using absorbent material, how do you clean it? (a) Soap & water [] (b) Only water [] (c) Other (Specify): _____
16. Where do you dry the absorbent material? (a) Sunlight [] (b) Inside the room [] (c) Other (Specify)_____
17. How many times do you change the cloth/pad in a day? A. Three and more [] (b) Once [] (c) Twice []
18. Where do you dispose your pads? (a) Dustbin [] (b) Drain [] (c) Toilet [] (d) Open field [] (e) Other (specify)_____
19. Types of pads wrap used for disposing it? (a) Papers [] (b) Plastic bag [] (c) Not wrap [] (d) Other (Specify)_____
20. Do you bath during menses? (a) Yes [] (b) No [] (Skip next question if No)
21. How often do you bath during Menstruation/Period? (a) Daily [] (b) Twice daily [] (c) Three times a day [] (d) More than three times a day [] (e) Until the end of my periods [] (f) Others (Specify)
22. What do you use to clean your genital (private part) during your menses? (a) Water and soap [] (b) Only with water [] (c) Tissue paper [] (d) Towel [] (e) Other (Specify)_____

Section D: School absenteeism during menstruation

23. Have you ever absented yourself from school due to menstruation? (a) Yes ☐ (b) No ☐
24. How many days did you absent yourself from school? (a) 1 ☐ (b) 2 ☐ (c) 3 ☐ (d) 4 ☐ (e) others
25. What are some of the problems for your absent? (Tick all applicable) (a) Pains ☐ (b) Staining dress ☐ (c) Shyness ☐ (d) Stigma ☐ (e) Other specify.....
26. Do you have concentration problems in class during menstruation? (a) Yes ☐ (b) No ☐
27. Are you able to partake in all school activities during menstruation? (a) Sometimes ☐ (b) Always ☐ (c) Others ☐
28. Is there enough time in breaks for change of menstrual item? (a) Yes ☐ (b) No ☐
29. Are you able to leave class to wash in case of a leak? (a) Yes ☐ (b) No ☐