

**Table S1.** Relative abundance (%) of the main genera identified in the control group (CTR) and experimental group (OL+).

Genera	CTR	OL+	P-value
<i>Prevotella</i>	40.089	36.913	0.5457
<i>Subdivision5_genera_incertae_sedis</i>	7.684	16.185	0.0282
<i>Paraprevotella</i>	10.802	3.416	0.0454
<i>Fibrobacter</i>	3.668	6.526	0.0064
<i>Oscillibacter</i>	4.091	6.043	0.4069
<i>Ruminococcus</i>	2.542	4.303	0.0400
<i>Ruminobacter</i>	5.281	1.431	0.1238
<i>Paludibacter</i>	1.115	4.655	0.0016
<i>Treponema</i>	2.535	2.736	0.6969
<i>Anaerocella</i>	4.544	0.146	0.0229
<i>Anaerobacterium</i>	3.169	0.933	0.0216
<i>Anaeroplasma</i>	2.012	1.203	0.4247
<i>Butyrivibrio</i>	1.612	1.139	0.3840
<i>Lachnospiracea_incertae_sedis</i>	1.358	1.265	0.7788
<i>Sphaerochaeta</i>	0.612	1.699	0.0173
<i>Clostridium IV</i>	0.568	1.139	0.1560
<i>Saccharibacteria_genera_incertae_sedis</i>	1.144	0.561	0.1961
<i>Bacteroides</i>	1.017	0.303	0.0012
<i>Saccharofermentans</i>	0.525	0.772	0.1204
<i>Mogibacterium</i>	0.473	0.724	0.3026
<i>Christensenella</i>	0.349	0.836	0.0119
<i>Acetobacteroides</i>	0.154	0.968	0.1930
<i>Succinivibrio</i>	0.757	0.234	0.1271
<i>Rikenella</i>	0.187	0.710	0.0017
<i>Oligosphaera</i>	0.214	0.617	0.0011
<i>Pseudobutyrvibrio</i>	0.557	0.257	0.0291
<i>Succinivibrio</i>	0.367	0.316	0.7520
<i>Clostridium XIVa</i>	0.125	0.535	0.0149
<i>Olsenella</i>	0.194	0.324	0.0784
<i>Elusimicrobium</i>	0.167	0.210	0.3628
<i>Anaerovorax</i>	0.052	0.309	0.0023
<i>Candidatus Endomicrobium</i>	0.013	0.346	0.0010
<i>Victivallis</i>	0.089	0.246	0.1161
<i>Vampirovibrio</i>	0.191	0.136	0.4328
<i>Selenomonas</i>	0.189	0.053	0.0001
<i>Blautia</i>	0.088	0.147	0.1075
<i>Atopobium</i>	0.058	0.173	0.0157
<i>Flavonifractor</i>	0.220	0.004	0.0403
<i>Intestinimonas</i>	0.061	0.146	0.0366
<i>Stomatobaculum</i>	0.009	0.174	0.0021
<i>Alloprevotella</i>	0.073	0.109	0.2044
<i>Eubacterium</i>	0.058	0.118	0.0643

<i>Coprococcus</i>	0.020	0.155	0.0000
<i>Barnesiella</i>	0.109	0.016	0.2297
<i>Asteroleplasma</i>	0.118	0.001	0.1450
<i>Succinimonas</i>	0.119	0.000	0.1361
<i>Syntrophococcus</i>	0.046	0.066	0.4857
<i>Anaerorhabdus</i>	0.005	0.091	0.0054
<i>Roseburia</i>	0.040	0.053	0.7145
<i>Sporobacter</i>	0.017	0.054	0.3102
<i>Streptococcus</i>	0.040	0.030	0.4916
<i>Clostridium XIVb</i>	0.042	0.027	0.3050
<i>Bulleidia</i>	0.007	0.057	0.0003
<i>Acholeplasma</i>	0.032	0.021	0.5312
<i>Slackia</i>	0.016	0.029	0.1252
<i>Bifidobacterium</i>	0.044	0.000	0.0006
<i>Lachnobacterium</i>	0.039	0.000	0.0378
<i>Moryella</i>	0.018	0.021	0.8041
<i>Ethanoligenens</i>	0.012	0.026	0.1882
<i>Anaerovibrio</i>	0.025	0.010	0.0042
<i>Schwartzia</i>	0.005	0.029	0.0858
<i>Phocaeicola</i>	0.013	0.021	0.7102
<i>Aestuariispira</i>	0.019	0.014	0.6658
<i>Kandleria</i>	0.031	0.000	0.0100
<i>Acetatifactor</i>	0.010	0.021	0.5454
<i>Sutterella</i>	0.008	0.017	0.4340
<i>Victivallis</i>	0.022	0.003	0.1089
<i>Methanobrevibacter</i>	0.012	0.012	0.9934
<i>Lactobacillus</i>	0.024	0.000	0.0854
<i>Papillibacter</i>	0.003	0.018	0.0068
<i>Streptophyta</i>	0.008	0.011	0.3460
<i>Desulfuromonas</i>	0.000	0.017	0.0106
<i>Pseudoflavonifractor</i>	0.000	0.013	0.2772
<i>Campylobacter</i>	0.008	0.005	0.3089
<i>Snodgrassella</i>	0.007	0.005	0.5179
<i>Howardella</i>	0.006	0.004	0.5870
<i>Pseudoscardovia</i>	0.010	0.000	0.1470
<i>Parasutterella</i>	0.001	0.008	0.0668
<i>Methylobacterium</i>	0.007	0.002	0.2219
<i>Acetanaerobacterium</i>	0.002	0.006	0.4352
<i>Lactonifactor</i>	0.000	0.008	0.1369
<i>Enterorhabdus</i>	0.003	0.005	0.4646
<i>SR1_genera_incertaine_sedis</i>	0.003	0.004	0.2595
<i>Anaerofustis</i>	0.001	0.006	0.0076
<i>Methanomassiliicoccus</i>	0.002	0.004	0.0382
<i>Denitrobacterium</i>	0.001	0.005	0.0043
<i>Phascolarctobacterium</i>	0.000	0.004	0.3306

<i>Blastopirellula</i>	0.001	0.003	0.2184
<i>Desulfovibrio</i>	0.002	0.001	0.5540
<i>Hydrogenoanaerobacterium</i>	0.001	0.002	0.1616
<i>Pyramidobacter</i>	0.003	0.000	0.0600
<i>Coriobacterium</i>	0.001	0.001	0.9185
<i>Acinetobacter</i>	0.001	0.002	0.2138
<i>Dorea</i>	0.000	0.002	0.3306
<i>Defluviitalea</i>	0.000	0.002	0.0014
<i>Actinomyces</i>	0.001	0.001	0.3518
<i>Oribacterium</i>	0.002	0.000	0.1408
<i>Methanimicrococcus</i>	0.000	0.002	0.0081
<i>Ruminococcus2</i>	0.002	0.000	0.2539
<i>Lautropia</i>	0.000	0.002	0.0015
<i>Catabacter</i>	0.000	0.002	0.0676
<i>Neisseria</i>	0.001	0.001	0.8229
<i>Faecalibacterium</i>	0.002	0.000	0.3306
<i>Chryseobacterium</i>	0.002	0.000	0.4375
<i>Moraxella</i>	0.002	0.000	0.3942
<i>Desulfobulbus</i>	0.001	0.001	0.7291
<i>Brachymonas</i>	0.001	0.000	0.0630
<i>Eisenbergiella</i>	0.001	0.001	0.8732
<i>Centipeda</i>	0.000	0.002	0.3306
<i>Lachnoanaerobaculum</i>	0.001	0.001	0.5705
<i>Anaerotruncus</i>	0.000	0.001	0.1818
<i>Anaerobiospirillum</i>	0.001	0.001	0.9665
<i>Fretibacterium</i>	0.001	0.001	0.6802
<i>Pseudomonas</i>	0.001	0.001	0.8651
<i>Alysiella</i>	0.000	0.001	0.0681
<i>Corynebacterium</i>	0.001	0.000	0.3066
<i>Staphylococcus</i>	0.000	0.001	0.6150
<i>Pasteurella</i>	0.001	0.001	0.9688
<i>Others</i>	0.004	0.004	0.086

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