

Interventions for Improving Long COVID-19 Symptomatology: A Systematic Review

Supplementary Table S1. Risk of bias.

Entry	Hawkins et al., 2022		D'Ascanio et al., 2021	
	Judgement	Support for judgement	Judgement	Support for judgement
Random sequence generation (selection bias)	High risk of bias	Quote: This study was a randomized double blind, placebo controlled trial	High risk of bias	Quote: This study was a single blinded randomized-clinical trial.
	Low risk of bias		Low risk of bias	
	Unclear risk of bias	Comment:	Unclear risk of bias	Comment:
Allocation concealment (selection bias)	High risk of bias	Quote: Participants and participant-facing study staff were blinded to allocation of participant	High risk of bias	Quote: Not declared
	Low risk of bias		Low risk of bias	
	Unclear risk of bias	Comment:	Unclear risk of bias	Comment:
Blinding of participants and personnel (performance bias)	High risk of bias	Quote: Each participant received an unbranded bottle of the study oil, labeled with their participant ID. All study oil bottles were identical in color, shape, and size	High risk of bias	Quote: Only clinicians were blinded
	Low risk of bias		Low risk of bias	
	Unclear risk of bias	Comment:	Unclear risk of bias	Comment:
Blinding of outcome assessment (detection bias) (patient-reported outcomes)	High risk of bias	Quote: To confirm the success of blinding, participants were asked open-ended questions regarding their group assignment after the intervention concluded.	High risk of bias	Quote: Personnel was blinded regarding the outcome
	Low risk of bias		Low risk of bias	
	Unclear risk of bias	Comment:	Unclear risk of bias	Comment:
Incomplete outcome data addressed (attrition bias)	High risk of bias	Quote: Only two participants per group left the study	High risk of bias	Quote: All the participants initially included finished the study
	Low risk of bias		Low risk of bias	
	Unclear risk of bias	Comment:	Unclear risk of bias	Comment:
Selective reporting (reporting bias)	High risk of bias	Quote:	High risk of bias	Quote:
	Low risk of bias		Low risk of bias	
	Unclear risk of bias	Comment:	Unclear risk of bias	Comment: