

**Table S1.** Results of the main test of PERMANOVA: values of the Pseudo-F variables and relative p-values. Significant p-values are indicated in bold. Pseudo-F's subscripts indicate the degrees of freedom. \*: car: carotenoids extracts; poly: polyphenolic extracts.

Parameter	Pseudo-F <sub>9,11</sub>	p-Value
<b>Extracts</b>		
<i>Carotenoids</i>		
Neoxanthin	1.14	0.3707
Loroxanthin	65.18	<b>0.0051</b>
Violaxanthin	7.76	<b>0.0087</b>
Antheraxanthin	9.52	<b>0.0115</b>
Zeaxanthin	209.46	<b>0.0039</b>
Lutein	4.88	<b>0.0287</b>
Cis-lutein	0.53	0.6083
α-carotene	5.12	<b>0.0411</b>
β-carotene	16.52	<b>0.0062</b>
<i>Chlorophylls</i>		
Chlorophyll a	0.22	0.8406
Chlorophyll b	1.03	0.4058
Chlorophyll a+b	0.09	0.9022
Chlorophyll a/b	19.61	<b>0.0277</b>
<i>Polyphenols</i>		
Gallic acid	134.16	<b>0.0003</b>
Chlorogenic acid	13.68	<b>0.0006</b>
Coumarico acid	54.19	<b>0.0004</b>
<i>Antioxydant properties*</i>		
DPPH car	216.88	<b>0.0034</b>
DPPH poly	137.28	<b>0.0001</b>
ORAC car	1034.5	<b>0.0004</b>
ORAC poly	8.17	<b>0.0092</b>
	Pseudo-F <sub>6,8</sub>	p-value
<b>Cultures</b>		
<i>Biomass analysis</i>		
Chlorophyll a	0.75	0.6721
Chlorophyll b	64.28	<b>0.0075</b>
Chlorophyll a+b	94.08	<b>0.0288</b>
Dry Weight	200.16	<b>0.0184</b>
Total carotenoids	194.74	<b>0.0023</b>
<i>JIP test parameters</i>		
Mo	346.1	<b>0.003</b>
V <sub>J</sub>	910.1	<b>0.0036</b>
F <sub>v</sub> /F <sub>m</sub>	4379.8	<b>0.0039</b>
ψ <sub>o</sub>	704.43	<b>0.0039</b>
φE <sub>o</sub>	650.68	<b>0.0038</b>