Table S1. **Patient-reported outcome measurements**: Improvement over time and as percentage change from baseline. Data are presented as mean (SD) or improvement from baseline.

	Baseline (Pre-operatively)		**6-Week Follow-up Scores**			**6-Month Follow-up Scores**					**12-Month Follow-up Scores**			
PROMs	**Non-hybrid (*n* = 35)**	**Hybrid (*n* = 38)**	**Non-hybrid (*n* = 19)**	**Improvement from Baseline**	**Hybrid (*n* = 24)**	**Improvement from Baseline**	**Non-hybrid (*n* = 20)**	**Improvement from Baseline**	**Hybrid (*n* = 14)**	**Improvement from Baseline**	**Non-hybrid (*n* = 13)**	**Improvement from Baseline**	**Hybrid (*n* = 13)**	**Improvement from Baseline**
ODI [a]	44 (15)	46 (14)	34 (14)	23.3 % (8.4)	44 (14)	5.7 % (9.6)	25 (24)	43.0 % (13.1)	30 (18)	35.3 % (11.0)	28 (19)	35.9 % (12.6)	31 (19)	32.5 % (11.7)
EQ-5D-5L VAS	56 (23)	56 (18)	70 (16)	25.6 % (11.0)	65 (17)	14.8 % (8.4)	74 (22)	33.4 % (12.7)	72 (15)	27.6 % (9.5)	73 (20)	31.3 % (13.4)	71 (16)	26.9 % (10.3)
EQ-5D-5L Index	0.44 (0.04)	0.41 (0.03)	0.61 (0.05)	36.3% (17.0)	0.52 (0.04)	25.7 % (13.8)	0.67 (0.06)	51.0 % (19.1)	0.63 (0.07)	51.8 % (19.8)	0.65 (0.27)	45.7 % (21.4)	0.60 (0.29)	44.8 % (22.4)
VAS back pain	6.3 (2.1)	6.5 (1.8)	3.7 (2.5)	40.9 % (9.8)	4.5 (2.3)	31.1 % (7.8)	3.4 (3.0)	46.4 % (11.0)	2.9 (1.8)	54.8 % (75)	2.8 (2.1)	56.4 % (9.8)	3.2 (2.5)	51.4 % (11.0)
VAS leg pain	6.7 (2.5)	6.1 (2.7)	3.4 (2.7)	48.9% (9.9)	4.4 (3.1)	28.1% (11.5)	2.8 (2.7)	59% (9.4)	4.2 (2.8)	31.3 % (13.3)	2.3 (2.4)	65.7 % (10.2)	2.1 (2.3)	65.6 % (10.6)

Missing data:

a. Pre-operative ODI data and 26-week post-operative ODI data were unavailable for one non-hybrid participant and 2 non-hybrid participants, respectively.