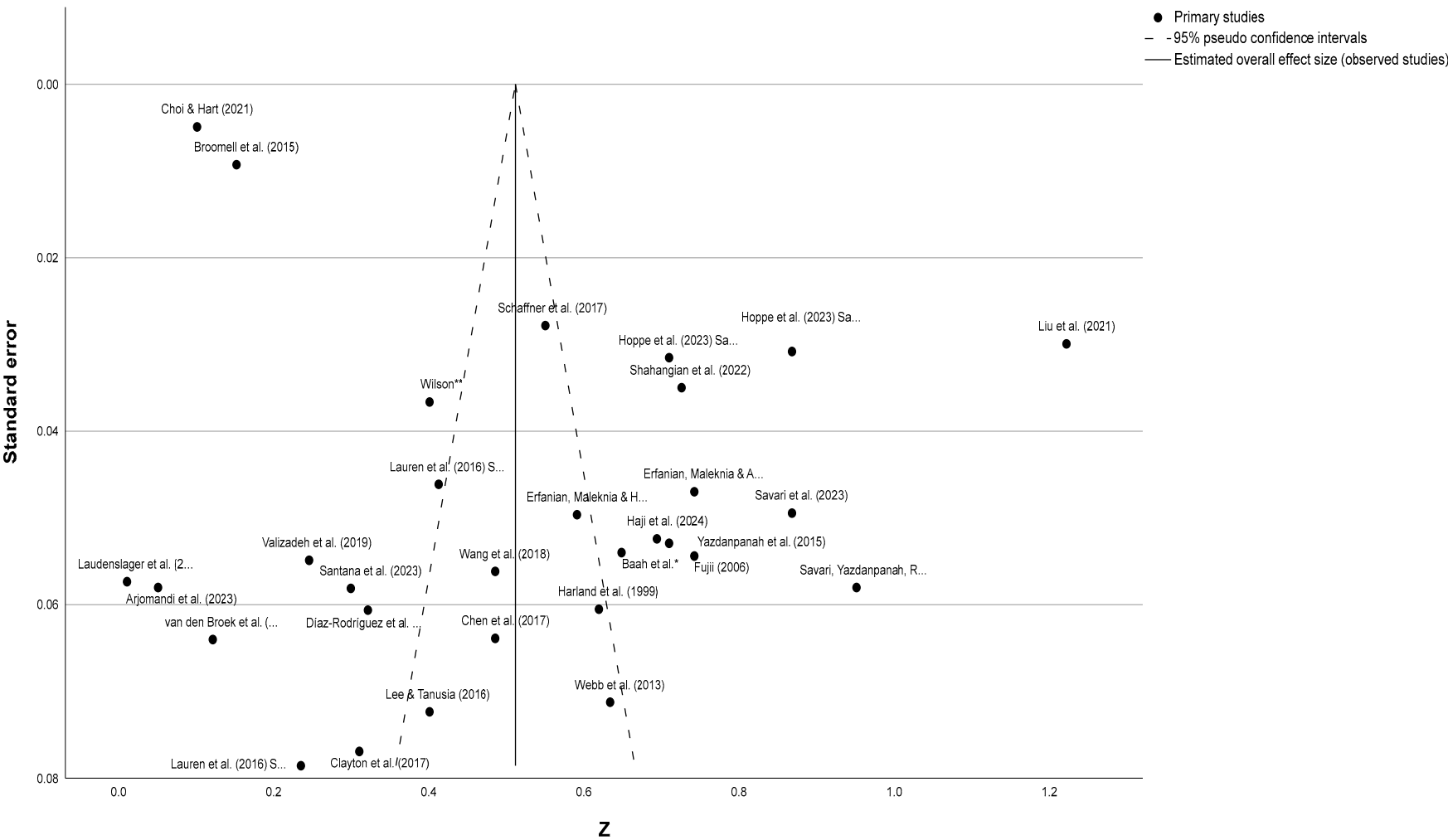


Supplementary Table S1.*Potential moderators.*

Moderator	Method	Theoretical Rationale	Purpose
Data collection method (questionnaire vs interview)	Subgroup analysis (<i>Q</i> test)	Different susceptibility to social desirability and reporting bias	Account for heterogeneity; recommendations for future studies
Population type (work-related vs non-work-related)	Subgroup analysis (<i>Q</i> test)	Economic constraints may weaken efficacy–behavior link in occupational settings	Account for heterogeneity; recommendations for policy and interventions
Culture (individualism–collectivism index)	Meta-regression	Individual vs collective orientation may shape relevance of self vs collective efficacy	Account for heterogeneity; recommendations for policy and interventions
Gender (% women in sample)	Meta-regression	Gender differences in environmental concern, value internalization, and physiological perceptions	Account for heterogeneity; recommendations for targeted interventions

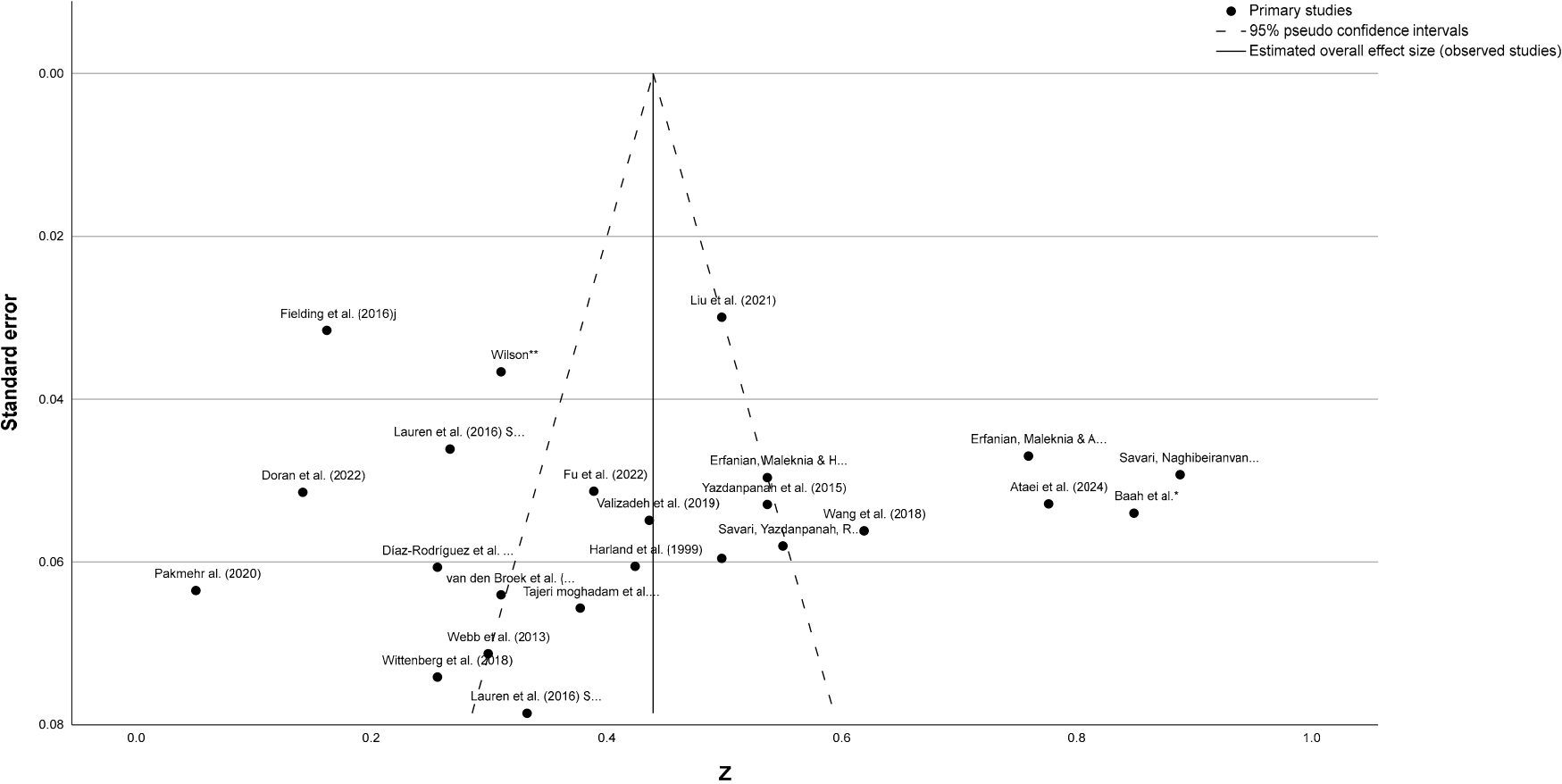
Supplementary Figure S1.

Forest plot for the association between self-efficacy and conservation intentions



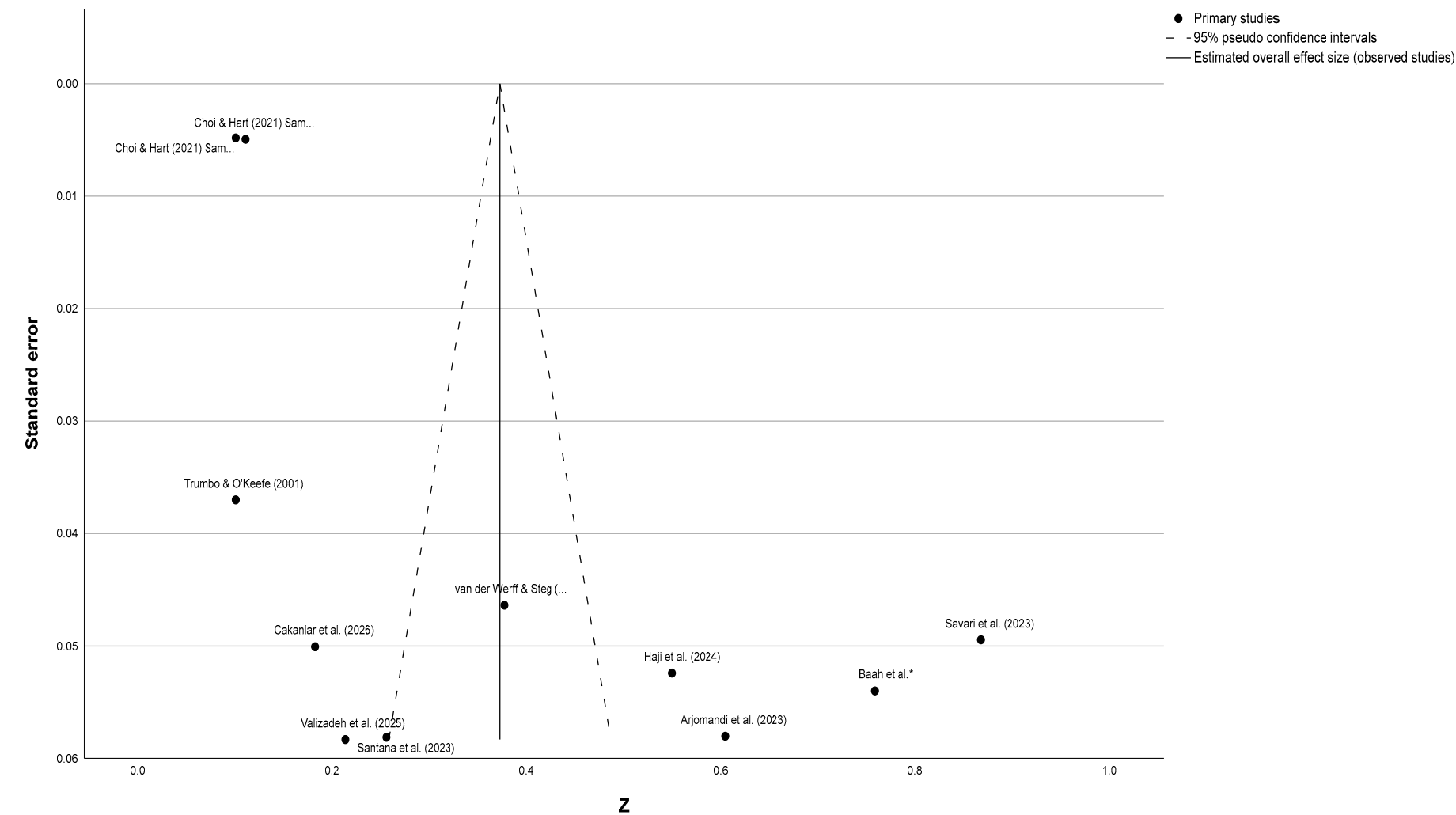
Supplementary Figure S2.

Forest plot for the association between self-efficacy and conservation behaviors



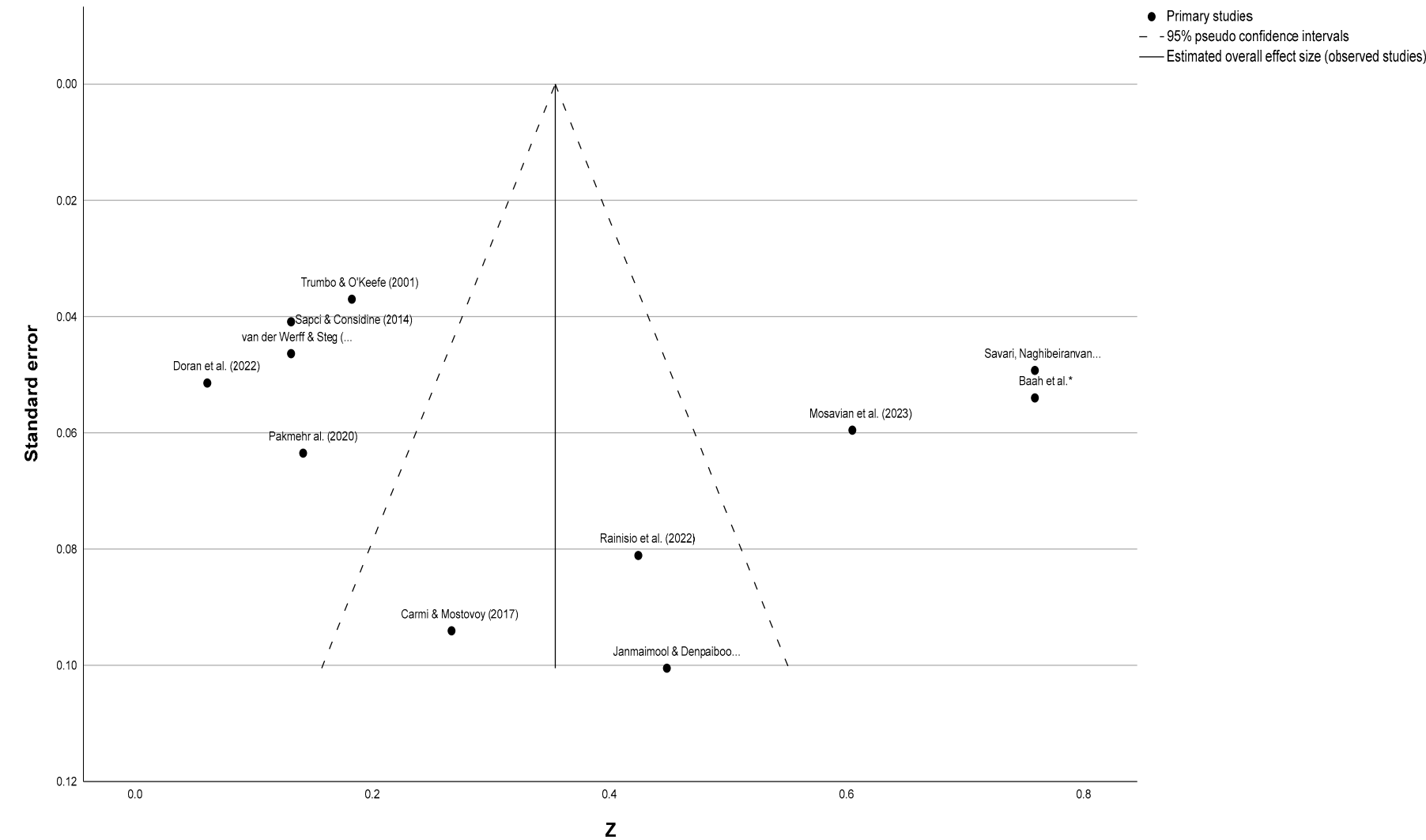
Supplementary Figure S3.

Forest plot for the association between response efficacy and conservation intentions



Supplementary Figure S4.

Forest plot for the association between response efficacy and conservation behaviors



Supplementary Figure S5.

Forest plot for the association between collective efficacy and conservation intentions/behaviors

