# Supplementary Material: PRISMA 2020 Checklist

| Section/Topic | # | Checklist Item | Location |
|---|---|---|---|
| **TITLE** | | | |
| Title | 1 | Identify the report as a systematic review | Title page |
| **ABSTRACT** | | | |
| Abstract | 2 | Structured summary including background, objectives, methods, results, conclusions | Page 1, lines 10–22 |
| **INTRODUCTION** | | | |
| Rationale | 3 | Describe rationale for the review in context of existing knowledge | Section 1, lines 76-83; lines 84-107 |
| Objectives | 4 | Explicit statement of review questions and objectives | Section 1, lines 104-109 |
| **METHODS** | | | |
| Eligibility criteria | 5 | Specify inclusion and exclusion criteria | Section 3.6, lines 222–243 |
| Information sources | 6 | Specify all databases, registers, and date last searched | Section 3.1, lines 167–170, lines 176-178 |
| Search strategy | 7 | Present full search strategies for all databases | Section 3.1, lines 171-176 |
| Selection process | 8 | State process for selecting studies (screening, eligibility, consensus) | Section 3, lines 154–256; Figure 1 |
| Data collection | 9 | Describe methods used to collect data from reports | Section 3.7, lines 251-257 |
| Data items | 10a | List and define all outcomes for which data were sought | Section 3.7, lines 262-267 |
| | 10b | List and define all other variables for which data were sought | Section 3.7, lines 264–267 |
| Study risk of bias | 11 | Specify methods used to assess risk of bias in included studies | Section 3.7, lines 251-254 |
| Effect measures | 12 | Specify effect measure(s) used for each outcome | N/A (qualitative synthesis) |
| Synthesis methods | 13a | Describe processes to decide study eligibility for synthesis | Section 3.7, lines 245-250 |
| | 13b | Describe methods to prepare data for synthesis | Section 3, lines 158-165 |
| | 13c | Describe methods to tabulate or visually display results | Tables 3.7; Figures 263-267 |
| | 13d | Describe methods used to synthesize results | Section 3.7, lines 264–267 |
| | 13e | Describe methods to explore possible causes of heterogeneity | N/A |
| | 13f | Describe sensitivity analyses conducted | N/A |
| Reporting bias | 14 | Describe methods to assess risk of bias due to missing results | N/A |
| Certainty | 15 | Describe methods to assess certainty of body of evidence | N/A |
| **RESULTS** | | | |
| Study selection | 16a | Describe results of search and selection process | Figure 1 |
| | 16b | Cite studies that might appear to meet criteria but were excluded | Table 4 |
| Study characteristics | 17 | Cite each included study and present characteristics | Tables 1-3; References |
| Risk of bias | 18 | Present assessments of risk of bias for each study | N/A |
| Results of studies | 19 | Present results of all statistical syntheses conducted | Tables 1-3 |

*Continued on next page*

*Table 6 continued from previous page*

| Section/Topic | # | Checklist Item | Location |
|---|---|---|---|
| Synthesis results | 20a | Present results of each synthesis | Table 1 |
| | 20b | Present investigations of possible causes of heterogeneity | N/A |
| | 20c | Present results of sensitivity analyses | N/A |
| | 20d | Present assessments of certainty of evidence | Section 4.5, lines 374–384 |
| Reporting biases | 21 | Present assessments of risk of bias due to missing results | N/A |
| Certainty of evidence | 22 | Present assessments of certainty for each main outcome | N/A |
| **DISCUSSION** | | | |
| Discussion | 23a | Provide general interpretation of results in context of other evidence | Sections 5, lines 455-656 |
| | 23b | Discuss limitations of evidence included in the review | Section 4.5, lines 374-384 |
| | 23c | Discuss limitations of review processes used | Section 6, lines 686–704 |
| | 23d | Discuss implications for practice, policy, and future research | Section 6, lines 705-735 |
| **OTHER INFORMATION** | | | |
| Registration | 24a | Provide registration information including register name and number | N/A |
| | 24b | Indicate where review protocol can be accessed | Not publicly registered |
| | 24c | Describe amendments to information at registration | N/A |
| Support | 25 | Describe sources of financial or non-financial support | Funding statement |
| Competing interests | 26 | Declare competing interests of review authors | Conflict of interest statement |
| Data availability | 27 | Report which components are publicly available and where | Lines 747-750 |

**Note:** This systematic review was conducted and reported according to PRISMA 2020 guidelines. N/A indicates items not applicable to this qualitative systematic review.