

Supplementary Materials. The final version of the CERV questionnaire

Below you will find some statements about your use of video games. Read each statement carefully and indicate the frequency. Mark the answer that is closest to your reality.

(a) Never/ Almost never (b) Sometimes (c) Quite (d) Almost always

1. To what extent do you feel uneasy about issues related to video games?
2. When you are bored, do you use video games as a form of distraction?
3. How often do you abandon whatever you are doing to spend more time playing video games?
4. Have you been criticized by friends or family members for spending too much time and money on video games or have they told you that you have too much time and money playing video games, or have they told you that you have a problem, even if you don't think it's true?
5. Have you ever risked losing an important relationship, job, or academic opportunity because of video game use or academic opportunity because of video game use?
6. Do you think that your academic performance has been negatively affected by the use of video games?
7. Do you tell your family or friends about the frequency and length of time you spend playing video games?
8. When you have problems, does playing video games help you to escape?
9. How often do you block out annoying thoughts about your life and replace them with pleasant thoughts about video games?
10. Do you think that life without video games is boring, empty and sad?
11. Do you get angry or irritated when someone bothers you while you are playing a video game?
12. Do you suffer from sleep disturbances due to aspects related to video games?
13. When you are not playing video games, do you feel agitated or worried?
14. Do you feel the need to spend more and more time playing video games in order to feel satisfied?
15. Do you downplay the importance of the time you have been playing video games?
16. Do you stop going out with your friends to spend more time playing video games?
17. When you play video games, does the time go by without you noticing?