

***Perinatal Dreaming & Understanding Country Workshops***  
**Structure of The Road Trip**

<b>No:</b>	<b>Theme/Landscape (to which track is aligned)</b>
1.	<b><i>Call to Adventure</i></b>
2.	<b><i>Conception</i></b>
3.	<b>Good Womb:</b> Amniotic Universe; Indigenous concept of <i>Kanyini</i>
4.	<b>Oceanic:</b> Indigenous concept of <i>Dadirri</i>
5.	<b><i>Toxic Womb:</i></b> disconnection, Fear, dread, anxiety,
6.	<b><i>Labour begins</i></b>
7.	<b><i>Labour intensifies</i></b>
8.	<b><i>Transition: birthing</i></b>
10.	<b><i>Toxic Breast</i></b>
11.	<b><i>Toxic Breast:</i></b> Abandonment/rejection.
12.	<b><i>Home</i></b>
13.	<b>Dadirri</b> – stillness.
14.	<b>Natural landscape</b>