Table S1. Elements of the measuring scale.

Variables
Personal resources (PR)*
1. There is someone I feel close to who makes me feel secure
2. I belong to a group in which I feel important
3. People let me know what I do well at my work
4. I have enough contact with the person who makes me feel special
5. I spend time with others who have the same interests that I do
6. Others let me know that they enjoy working with me
7. There are people who are available if I need help
8. Among my group of friends we do favours for each other
9. I have the opportunity to encourage others to develop their interests
10. I have friends who will help me out even if I don't pay them back
11. When I am upset, there is someone I can be with who lets me be myself
12. I know that others appreciate me as a person
13. There is someone who loves and cares about me
14. I have people to share social events and fun activities with
15. I have a sense of being needed by another person
Self-esteem (SE)
1. I feel that I'm a person of worth, at least on an equal plane with others
2. I feel that I have a number of good qualities
3. I am able to do things as well as most other people
4. I take a positive attitude toward myself.
5. On the whole, I am satisfied with myself
Expectations of a good job (GJ)
1. Legal
2. In line with the studied profession, qualifications
3. Guaranteeing job security
4. Well-paid
5. Providing opportunities for the development of professional qualifications
6. Providing opportunities for quick professional promotion
7. Safe, harmless to health
8. In a kind, friendly team
9. Light, does not require too much effort
10. Close to where I live
11. One in which I can decide for myself what/how to be done
12. Giving opportunity to combine professional duties and family obligations
Submissiveness (SI)
1. Work at a very inconvenient time
2. Move to another city
3. Move abroad
4. Work on Saturday and Sunday
5. Business trips at least once a week
6. Availability 24 hours a day, 7 days a week
7. Additional training at my own expense
8. Daily commute to work for more than an hour

* Name of latent variables.