

Table S1. ASPI State Items.

Item No.	Item (Origin in German)	Item (Translated into English)	Origin Subscale
state1	Sexuelle Erregung zu spüren, war fantastisch.	Feeling sexually aroused was amazing.	Sensual Pleasure
state2	Das Berühren meiner erogenen Zonen war lustvoll.	Touching my erogenous zones was pleasurable.	Sensual Pleasure
state3	Sexuelle Empfindungen in meinem Körper zu spüren, war lustvoll.	Feeling sexual sensations in my body was pleasurable.	Sensual Pleasure
state4	Beim Partnersex glühten meine Geschlechtsteile vor Erregung.	During partnersex, my genitals glowed with excitement.	Sensual Pleasure
state5	Während der Masturbation glühten meine Geschlechtsteile vor Erregung.	During masturbation, my genitals glowed with excitement.	Sensual Pleasure
state6	Ich konnte mein Sexleben so gestalten, dass ich es wirklich genoss.	I could shape my sexlife in a way that I really enjoyed.	Pleasure-Related Mastery
state7	Beim Partnersex konnte ich bekommen, was ich brauchte, um zu genießen.	During partnersex, I was able to get what I needed to enjoy myself.	Pleasure-Related Mastery
state8	Während der Masturbation konnte ich mir geben, was ich brauchte, um zu genießen.	During masturbation, I was able to give myself what I needed to enjoy myself.	Pleasure-Related Mastery
state9	Beim Partnersex hatte ich das Gefühl, dass ich gut im Bett war.	During partnersex, I felt 'good at sex'.	Pleasure-Related Mastery
state10	Während der Masturbation war ich gut darin, mich zu befriedigen.	During masturbation, I was good at pleasuring myself.	Pleasure-Related Mastery
state11	Beim Sex hatte ich das Gefühl, dass ich meine*n Sexualpartner*in genießen lassen konnte.	During sex, I had the feeling that I was able to pleasure my sexpartner.	Pleasure-Related Mastery
state12	Ich legte Wert darauf, meine sexuellen Bedürfnisse auszuleben	I thought it was important to live out my sexual needs.	Pleasure-Related Validation
state13	Beim Partnersex vernachlässigte ich mein eigenes Vergnügen.	During partnersex, I neglected my own pleasure.	Pleasure-Related Validation
state14	Beim Partnersex war mein sexuelles Vergnügen unbedeutend.	During partnersex, my own sexual pleasure did not feature.	Pleasure-Related Validation
state15	Meine*n Sexualpartner*in zu verführen, war lustvoll.	Seducing my sexpartner was pleasurable.	Interaction Pleasure
state16	Meine*n Sexualpartner*in zu stimulieren, war lustvoll.	Stimulating my sexpartner was pleasurable.	Interaction Pleasure
state17	Durch meine*n Sexualpartner*in stimuliert zu werden, war lustvoll.	Being stimulated by my sexpartner was pleasurable.	Interaction Pleasure
state18	Beim Partnersex waren wir beide völlig in Genuss versunken.	During partnersex, we were both completely absorbed in pleasure.	Interaction Pleasure
state19	Beim Partnersex versetzen wir uns gegenseitig in Ekstase.	During partnersex, we whipped each other into ecstasy.	Interaction Pleasure
state20	Das Spüren der Nähe meines Sexualpartners bzw. meiner Sexualpartnerin beim Sex, war fantastisch.	Feeling the closeness of my sexpartner during sex was pleasurable.	Bonding Pleasure
state21	Beim Sex fühlte ich mich mit meinem*meiner Sexualpartner*in verbunden.	During sex, I felt connected to my sexpartner.	Bonding Pleasure

state22	Das Spüren von Zuneigung zwischen mir und meinem*meiner Sexualpartner*in beim Sex war fantastisch.	Feeling affection between me and my sexpartner during sex was pleasurable.	Bonding Pleasure
state23	Mich beim Partnersex geborgen zu fühlen, war fantastisch.	The feeling of security during partnersex was pleasurable.	Bonding Pleasure
state24	Sex brachte mich meinem*meiner Sexualpartner*in näher.	Sex brought me closer to my sexpartner.	Bonding Pleasure
state25	Meine sexuellen Erfahrungen waren lustvoll.	My sexual experiences were pleasurable.	General Sexual Pleasure
state26	Partnersex war lustvoll.	Partnersex was pleasurable.	General Sexual Pleasure
state27	Über Sex zu fantasieren, war lustvoll.	Fantasizing about sex was pleasurable.	General Sexual Pleasure
state28	Masturbation war lustvoll.	Masturbation was pleasurable.	General Sexual Pleasure
state29	Nach dem Partnersex fühlte ich mich grossartig	After partnersex I felt amazing.	General Sexual Pleasure
state30	Nach der Masturbation fühlte ich mich grossartig.	After masturbation I felt amazing.	General Sexual Pleasure
