

*Supplementary File*

# Development and Process Optimization of a Steamed Fish Paste Cake Prototype for Room Temperature Distribution

Jin-Hwa Lee <sup>1,†</sup>, Sang In Kang <sup>2,†</sup>, Sana Mansoor <sup>1</sup>, Inhwan Lee <sup>1</sup>, Do Youb Kim <sup>3</sup>, Ye Youl Kim <sup>3</sup>, Yongjoon Park <sup>3</sup>, Jae-Hak Sohn <sup>2,4</sup>, Khawaja Muhammad Imran Bashir <sup>1,5,\*</sup>, and Jae-Suk Choi <sup>1,\*</sup>

<sup>1</sup> Department of Seafood Science and Technology, Institute of Marine Industry, Gyeongsang National University, Tongyeong 53064, Republic of Korea; evolution\_5237@gnu.ac.kr (J.H.L.); sanamansoorahmad@gmail.com (S.M.)

<sup>2</sup> Seafood Research Center, IACF, Silla University, Busan 49277, Republic of Korea; ftrnd5@silla.ac.kr (S.I.K.); jhsohn@silla.ac.kr (J.-H.S.)

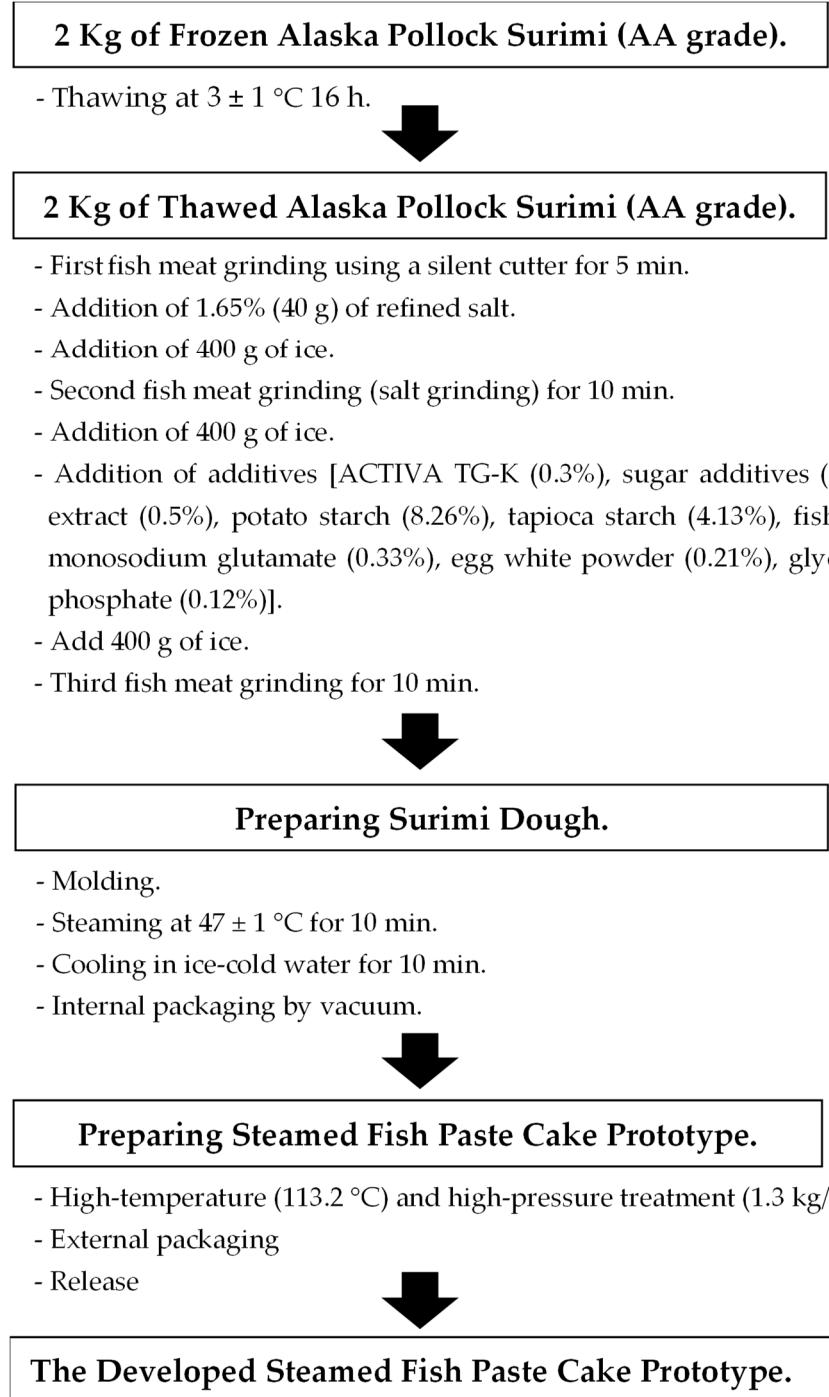
<sup>3</sup> Samjin Food Co. Ltd, Busan 49036, Republic of Korea; kim926@samjinfood.com (D.Y.K.); dudndi1324@samjinfood.com (Y.Y.K.); sj0001@samjinfood.com (Y.-J.P.)

<sup>4</sup> Department of Food Science and Culinary Arts, College of Health and Welfare, Silla University, Busan 46958, Republic of Korea

<sup>5</sup> German Engineering Research and Development Center for Life Science Technologies in Medicine and Environment, Busan 46742, Republic of Korea

\* Correspondence: imran.bashir@lstme.org (K.M.I.B.); jsc1008@gnu.ac.kr (J.-S.C.); Tel.: +82-51-899-8000 (K.M.I.B.); +82-55-772-9142 (J.-S.C.)

† These authors contributed equally to this work.



**Figure S1.** Schematic diagram showing the optimized processing conditions for preparing the steamed fish paste cake prototype.

**Table S1.** Signs of independent variables presented by central synthesis plan, their codes, and actual values.

Independent variable	Sign	Range				
		-1.414	-1	0	+1	+1.414
Temperature (°C)	X <sub>1</sub>	107.9	110.0	115.0	120.0	122.1
Time (min)	X <sub>2</sub>	22.9	25.0	30.0	35.0	37.1

X<sub>1</sub>: High-temperature processing temperature, °C; X<sub>2</sub>: High-temperature and high-pressure treatment time, min.

**Table S2.** Codes and actual values of samples used for optimizing processing conditions of independent variables based on central synthesis plan.

Coefficients assessed by	Sample No.	Codes		Actual values	
		X <sub>1</sub> (°C)	X <sub>2</sub> (Min)	Y <sub>1</sub> (°C)	Y <sub>2</sub> (Min)
Fractional factorial design	1	-1.000	-1.000	110.0	25.0
	2	1.000	-1.000	120.0	25.0
	3	-1.000	1.000	110.0	35.0
	4	1.000	1.000	120.0	35.0
	5	-1.414	0.000	107.9	30.0
Star point	6	1.414	0.000	122.1	30.0
	7	0.000	-1.414	115.0	22.9
	8	0.000	1.414	115.0	37.1
Central point	9	0.000	0.000	115.0	30.0
	10	0.000	0.000	115.0	30.0
	11	0.000	0.000	115.0	30.0

X<sub>1</sub>: High-temperature processing temperature, °C; X<sub>2</sub>: High-temperature and high-pressure treatment time, min; Y<sub>1</sub>: Gel strength, g × cm; Y<sub>2</sub>: Whiteness; Y<sub>3</sub>: Sensory score.

**Table S3.** Attributes, descriptors, definitions, and standard point criteria for descriptive analysis.

Attributes	Descriptors	Definitions	Standard points
Taste	Umami taste	5.0% MSG solution	1.5
		10.0% MSG solution	3.5
		S-brand vegetable fish paste cake	4.0
		G-brand fish paste cake bar	4.5
		C-brand grilled mackerel	0.5
Smell	Fishy taste	C-brand grilled mackerel and grilled flounder	1.5
		S-brand canned sardine	2.0
		S-brand vegetable fish paste cake	4.0
		G-brand fish paste cake bar	4.0
		Munsell Tablecolor 0.2Y 4.8/4.9 (Brown)	0.5
Appearance	Color	Munsell Tablecolor 2.5Y 8.0/1.5 (Ivory)	2.5
		Munsell Table color 9.5N (White)	5.0
		Acorn paste	0.5
Texture	Elasticity	S-brand vegetable fish paste cake	1.5
		Konjac	2.0
		G-brand fish paste cake bar	3.5
		Grape flavored jelly	5.0

**Table S4.** Dependent variables for optimizing manufacturing conditions of steamed fish paste cake prototype.

Sample No.	Independent variables		Dependent variables		
	X <sub>1</sub>	X <sub>2</sub>	Y <sub>1</sub>	Y <sub>2</sub>	Y <sub>3</sub>
1	110.0	25.0	127.7	62.9	4.4
2	120.0	25.0	108.9	46.7	5.5
3	110.0	35.0	125.8	54.7	6.5
4	120.0	35.0	94.1	45.5	7.5
5	107.9	30.0	131.5	58.9	5.5
6	122.1	30.0	101.6	37.4	7.2
7	115.0	22.9	123.5	55.7	4.9
8	115.0	37.1	114.1	50.5	6.4
9	115.0	30.0	120.3	52.8	7.5
10	115.0	30.0	119.1	52.1	7.8
11	115.0	30.0	118.0	53.0	7.8

X<sub>1</sub>: High-temperature processing temperature, °C; X<sub>2</sub>: High-temperature and high-pressure treatment time, min; Y<sub>1</sub>: Gel strength, g × cm; Y<sub>2</sub>: Whiteness; Y<sub>3</sub>: Sensory score.

**Table S5.** Estimation coefficient and *p* value of quadratic regression equation for optimizing manufacturing conditions of steamed fish paste cake prototype.

Variable	<i>Y</i> <sub>1</sub>		<i>Y</i> <sub>2</sub>		<i>Y</i> <sub>3</sub>	
	Coefficient	<i>p</i> value	Coefficient	<i>p</i> value	Coefficient	<i>p</i> value
Constant	119.113	0.000	52.6333	0.000	7.7000	0.000
X <sub>1</sub>	-11.598	0.000	-6.9757	0.000	0.5630	0.005
X <sub>2</sub>	-3.749	0.012	-2.0942	0.010	0.7777	0.001
X <sub>1</sub> X <sub>1</sub>	-2.179	0.118	-1.7854	0.034	-0.6813	0.005
X <sub>2</sub> X <sub>2</sub>	-1.054	0.404	0.6896	0.315	-1.0313	0.001
X <sub>1</sub> X <sub>2</sub>	-3.225	0.066	1.7500	0.063	-0.0250	0.887

*Y*<sub>1</sub>: Gel strength, g × cm; *Y*<sub>2</sub>: Whiteness; *Y*<sub>3</sub>: Sensory score; X<sub>1</sub>: High-temperature processing temperature, °C; X<sub>2</sub>: High-temperature and high-pressure treatment time, min; X<sub>1</sub>X<sub>1</sub>, X<sub>2</sub>X<sub>2</sub>, and X<sub>1</sub>X<sub>2</sub>: Coefficients of the quadratic regression equation.

**Table S6.** Correlation between independent and dependent variables for the reaction model equation of steamed fish paste cake prototype optimal manufacturing conditions.

Dependent variable	Sources	DF	SS	MS	F value	p value
$Y_1$	Model	5	1258.06	251.612	33.34	0.001
	Linear	2	1188.58	594.292	78.74	0.000
	Square	2	27.87	13.936	1.85	0.251
	Cross-product	1	41.60	41.603	5.51	0.066
	Residual	5	37.74	7.548	-	-
	Lack of fit	3	35.09	11.697	8.84	0.103
	Pure error	2	2.65	1.323	-	-
$Y_2$	Total	10	1295.80	-	-	-
	Model	5	463.742	92.748	43.09	0.000
	Linear	2	424.370	212.185	98.57	0.000
	Square	2	27.123	13.561	6.30	0.043
	Cross-product	1	12.250	12.250	5.69	0.063
	Residual	5	10.763	2.153	-	-
	Lack of fit	3	10.317	3.439	15.40	0.062
$Y_3$	Pure error	2	0.447	0.223	-	-
	Total	10	474.505	-	-	-
	Model	5	14.2651	2.8530	25.37	0.001
	Linear	2	7.3740	3.6870	32.79	0.001
	Square	2	6.8885	3.4443	30.63	0.002
	Cross-product	1	0.0025	0.0025	0.020	0.887
	Residual	5	0.5622	0.1124	-	-
	Lack of fit	3	0.5022	0.1674	5.58	0.156
	Pure error	2	0.0600	0.0300	-	-
	Total	10	14.8273	-	-	-

DF: Degree of freedom; SS: Sum of squares; MS: Mean square value;  $Y_1$ : Gel strength, g × cm;  $Y_2$ : Whiteness;  $Y_3$ : Sensory score.

**Table S7.** Predicted optimal conditions for manufacturing steamed fish paste cake prototype using MINITAB statistical program.

Independent variable	Value	X <sub>1</sub>	X <sub>2</sub>
$Y_1$	TV	120.0	
	CV	0.0	
	AC	115.0	28.8
$Y_2$	TV	55.0	
	CV	0.0	
	AC	115.0	25.6
$Y_3$	TV	9.0	
	CV	0.21	
	AC	118.2	
Optimization conditions for all dependent variables	CV	-0.3637	
	AC	113.2 °C	29.9 min

TV: Target value; CV: Code value; AC: Actual value; X<sub>1</sub>: High-temperature processing temperature, °C; X<sub>2</sub>: High-temperature and high-pressure treatment time, min; Y<sub>1</sub>: Gel strength, g × cm; Y<sub>2</sub>: Whiteness; Y<sub>3</sub>: Sensory score.