

Comprehensive Observational Study in a Large Cohort of Asthma Patients after Adding  
LAMA to ICS/LABA

**SUPPLEMENTARY MATERIAL**

**Table S1. Unit costs (€) for healthcare and non-healthcare resources.**

Healthcare and non-healthcare resources	Unit costs (€)
<b>Medical visits</b>	
Primary care visit	24.2
Emergency visit	122.8
Hospitalizations (per day)	568.0
Specialized care medical visit*	96.7
<b>Complementary tests</b>	
Laboratory tests	33.8
Conventional radiology	29.8
Computed tomography	100.3
Magnetic nuclear resonance	185.0
Other diagnostic/therapeutic tests	49.2
<b>Drugs</b>	<i>Retail price</i>
<b>Productivity loss (indirect costs)</b>	
Cost per day of sick leave	101.2

Sources: Sicras-Mainar et al., 2019[40] and National Statistics Institute[46]. \*Regarding the Pneumology, Allergology and Internal Medicine Departments.

**Table S2. Treatment persistence and deaths during the study period.**

	Study population (N = 4740)
<b>Treatment persistence</b>	
<i>Duration of treatment, days</i>	
Mean (SD)	284.8 (111.2)
Median (P25 - P75)	365 (203 – 365)
<i>Treatment persistence, patients</i>	
6 months	3696 (78.0%)
95% CI	76,8 – 79.2%
12 months	2663 (56.2%)
95% CI	54.8 – 57.6%
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Discontinuation after 12 months	2077 (43.8%)
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<b>Deaths</b>	
<i>Percentage</i>	
95% CI	186 (3.9%) 3.4 – 4.4%
<i>Time to death, days</i>	
Mean (SD)	203.3 (93.6)
Median (P25 - P75)	213 (127 – 278)

Values expressed as a percentage (N, %) or mean (SD). CI: confidence intervals; P: percentiles; SD: standard deviation.

**Table S3. Generalized linear model repeated measures.**

<b>Contrasts intra-subject (dependent variables)</b>	<b>SC (Tipo III)</b>	<b>F</b>	<b><i>p</i></b>
1. Number of severe exacerbations (before/after LAMA treatment)	95.220	571.551	<0.001
2. Use of SABA (before/after LAMA treatment)	9.809	31.857	<0.001
3. Use of oral corticosteroids (before/after LAMA treatment)	5.596	11.643	0.001
<b>Contrasts inter-groups (covariates)</b>	<b>SC (Tipo III)</b>	<b>F</b>	<b><i>p</i></b>
Age, years	4.334	9.016	0.003
Charlson index	13.512	28.113	<0.001
Difference in costs before/after LAMA treatment, euros	20.696	43.059	<0.001
Diagnosis of COPD	0.303	1.329	0.249

Variables included according to the established entry order. SCs were estimated using a Type III (balanced model with no empty cells). COPD: chronic obstructive pulmonary disease; F: Snedecor's F distribution; LAMA: long-acting muscarinic antagonists; P: statistical significance SABA: short-acting beta agonists; SC: sum of squares.