

SUPPLEMENTARY MATERIAL

Table S1. BMI Category Distribution by Sex ($n = 1,195$).

BMI Category	Female	Male	Total
Underweight	41	8	49
Healthy	456	264	720
Overweight	139	105	244
Obese	149	33	182
Total	785	410	1195

Note. $\chi^2(3) = 38.18, p < .001$. Four participants of the other sex were excluded.

Table S2. Sweets Category $\times$ BMI Category – Full Sample with Complete Data.

Sweets Category	UW	Healthy	OW	Obese	Total
Baked goods/Desserts	7	128	45	33	213
Chocolate	12	134	43	27	216
Craving/Desire	0	13	11	5	29
Food (general)	3	32	4	1	40
Mixed food items	2	80	25	23	130
Negative/Health	2	59	18	22	101
Other	2	10	9	1	22
Positive emotion	13	128	50	41	232
Reward/Comfort	2	10	2	3	17
Sugar/Candy	6	127	37	29	199
Total	49	721	244	185	1199

Note. $\chi^2(27) = 42.71, p = .028$. UW = Underweight; OW = Overweight.

Table S3. Sweets Category $\times$ BMI Category – English ($n = 400$).

Sweets Category	UW	Healthy	OW	Obese	Total
Baked goods/Desserts	2	31	19	24	76
Chocolate	0	13	11	7	31
Craving/Desire	0	4	5	4	13
Food (general)	0	4	2	0	6
Mixed food items	0	36	18	21	75
Negative/Health	2	20	8	18	48
Other	0	0	4	1	5
Positive emotion	1	22	20	22	65
Reward/Comfort	1	3	1	2	7
Sugar/Candy	1	30	21	22	74
Total	7	163	109	121	400

Note. $\chi^2(27) = 29.30, p = .347, ns$.

Table S4. Sweets Category $\times$ BMI Category – Hungarian ($n = 459$).

Sweets Category	UW	Healthy	OW	Obese	Total
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Baked goods/Desserts	3	45	8	2	58
Chocolate	11	93	24	17	145
Craving/Desire	0	6	4	1	11
Food (general)	2	5	1	0	8
Mixed food items	2	30	4	2	38
Negative/Health	0	21	5	3	29
Other	2	5	3	0	10
Positive emotion	8	65	14	13	100
Reward/Comfort	1	5	1	1	8
Sugar/Candy	4	40	6	2	52
Total	33	315	70	41	459

Note. $\chi^2(27) = 28.15, p = .403$, ns.

Table S5. Sweets Category $\times$ BMI Category—Spanish ($n = 340$).

Sweets Category	UW	Healthy	OW	Obese	Total
Baked goods/Desserts	2	52	18	7	79
Chocolate	1	28	8	3	40
Craving/Desire	0	3	2	0	5
Food (general)	1	23	1	1	26
Mixed food items	0	14	3	0	17
Negative/Health	0	18	5	1	24
Other	0	5	2	0	7
Positive emotion	4	41	16	6	67
Reward/Comfort	0	2	0	0	2
Sugar/Candy	1	57	10	5	73
Total	9	243	65	23	340

Note. $\chi^2(27) = 19.60, p = .847$, ns.

Table S6. Sweets Category $\times$ Eating Disorder Risk—English ($n = 544$).

Sweets Category	ED=1	ED=2	ED=3	ED=4	Total
Baked goods/Desserts	1	5	15	84	105
Chocolate	0	1	9	30	40
Craving/Desire	2	1	2	11	16
Food (general)	0	1	1	6	8
Mixed food items	2	6	7	86	101
Negative/Health	5	10	9	42	66
Other	0	1	1	5	7
Positive emotion	1	7	13	64	85
Reward/Comfort	0	0	1	10	11
Sugar/Candy	1	13	9	82	105
Total	12	45	67	420	544

Note. $\chi^2(27) = 42.05, p = .033$.

Table S7. Sweets Category × Eating Disorder Risk—Hungarian ($n = 461$).

Sweets Category	ED=1	ED=2	ED=3	ED=4	Total
Baked goods/Desserts	0	2	7	49	58
Chocolate	1	1	15	128	145
Craving/Desire	0	1	2	9	12
Food (general)	0	0	0	8	8
Mixed food items	0	1	3	34	38
Negative/Health	0	3	1	25	29
Other	0	2	0	8	10
Positive emotion	2	3	12	83	100
Reward/Comfort	0	1	1	6	8
Sugar/Candy	1	3	5	44	53
Total	4	17	46	394	461

Note. $\chi^2(27) = 26.61$, $p = .485$, ns.

Table S8. Sweets Category × Eating Disorder Risk—Spanish ($n = 344$).

Sweets Category	ED=1	ED=2	ED=3	ED=4	Total
Baked goods/Desserts	1	1	5	73	80
Chocolate	1	1	3	37	42
Craving/Desire	0	0	1	4	5
Food (general)	0	0	0	26	26
Mixed food items	0	0	0	17	17
Negative/Health	0	0	1	23	24
Other	0	0	1	6	7
Positive emotion	2	1	1	63	67
Reward/Comfort	0	0	1	2	3
Sugar/Candy	0	0	2	71	73
Total	4	3	15	322	344

Note. $\chi^2(27) = 23.14$, $p = .677$, ns.

Table S9. Sweets Category × Household Size—Full Sample ($N = 1,349$).

Sweets Category	PH=1	PH=2	PH=3	PH=4	Total
Baked goods/Desserts	29	90	109	15	243
Chocolate	26	56	115	30	227
Craving/Desire	5	9	14	5	33
Food (general)	6	10	18	8	42
Mixed food items	19	61	59	17	156
Negative/Health	16	46	46	11	119
Other	0	6	11	4	24
Positive emotion	44	71	108	29	252
Reward/Comfort	4	7	8	3	22
Sugar/Candy	28	73	105	25	231
Total	180	429	593	147	1349

Note. $\chi^2(27) = 33.11$, $p = .194$, ns. PH = People in Household.

Table S10. Sweets Category $\times$ Household Size—English ($n = 544$).

Sweets Category	PH=1	PH=2	PH=3	PH=4	Total
Baked goods/Desserts	10	54	38	3	105
Chocolate	4	16	14	6	40
Craving/Desire	4	5	6	1	16
Food (general)	1	5	1	1	8
Mixed food items	15	47	28	11	101
Negative/Health	6	28	24	8	66
Other	2	2	2	1	7
Positive emotion	18	41	24	2	85
Reward/Comfort	3	6	2	0	11
Sugar/Candy	18	48	34	5	105
Total	81	252	173	38	544

Note. $\chi^2(27) = 32.82, p = .203$, ns.

Table S11. Sweets Category $\times$ Household Size—Hungarian ($n = 461$).

Sweets Category	PH=1	PH=2	PH=3	PH=4	Total
Baked goods/Desserts	8	11	33	6	58
Chocolate	18	32	80	15	145
Craving/Desire	0	3	5	4	12
Food (general)	0	1	5	2	8
Mixed food items	2	13	19	4	38
Negative/Health	5	12	10	2	29
Other	0	3	4	3	10
Positive emotion	15	18	49	18	100
Reward/Comfort	0	1	4	3	8
Sugar/Candy	5	9	32	7	53
Total	53	103	241	64	461

Note. $\chi^2(27) = 35.35, p = .130$, ns.

Table S12. Sweets Category $\times$ Household Size—Spanish ($n = 344$).

Sweets Category	PH=1	PH=2	PH=3	PH=4	Total
Baked goods/Desserts	11	25	38	6	80
Chocolate	4	8	21	9	42
Craving/Desire	1	1	3	0	5
Food (general)	5	4	12	5	26
Mixed food items	2	1	12	2	17
Negative/Health	5	6	12	1	24
Other	1	1	5	0	7
Positive emotion	11	12	35	9	67
Reward/Comfort	1	0	2	0	3
Sugar/Candy	5	16	39	13	73
Total	46	74	179	45	344

Note. $\chi^2(27) = 25.39, p = .553$, ns.