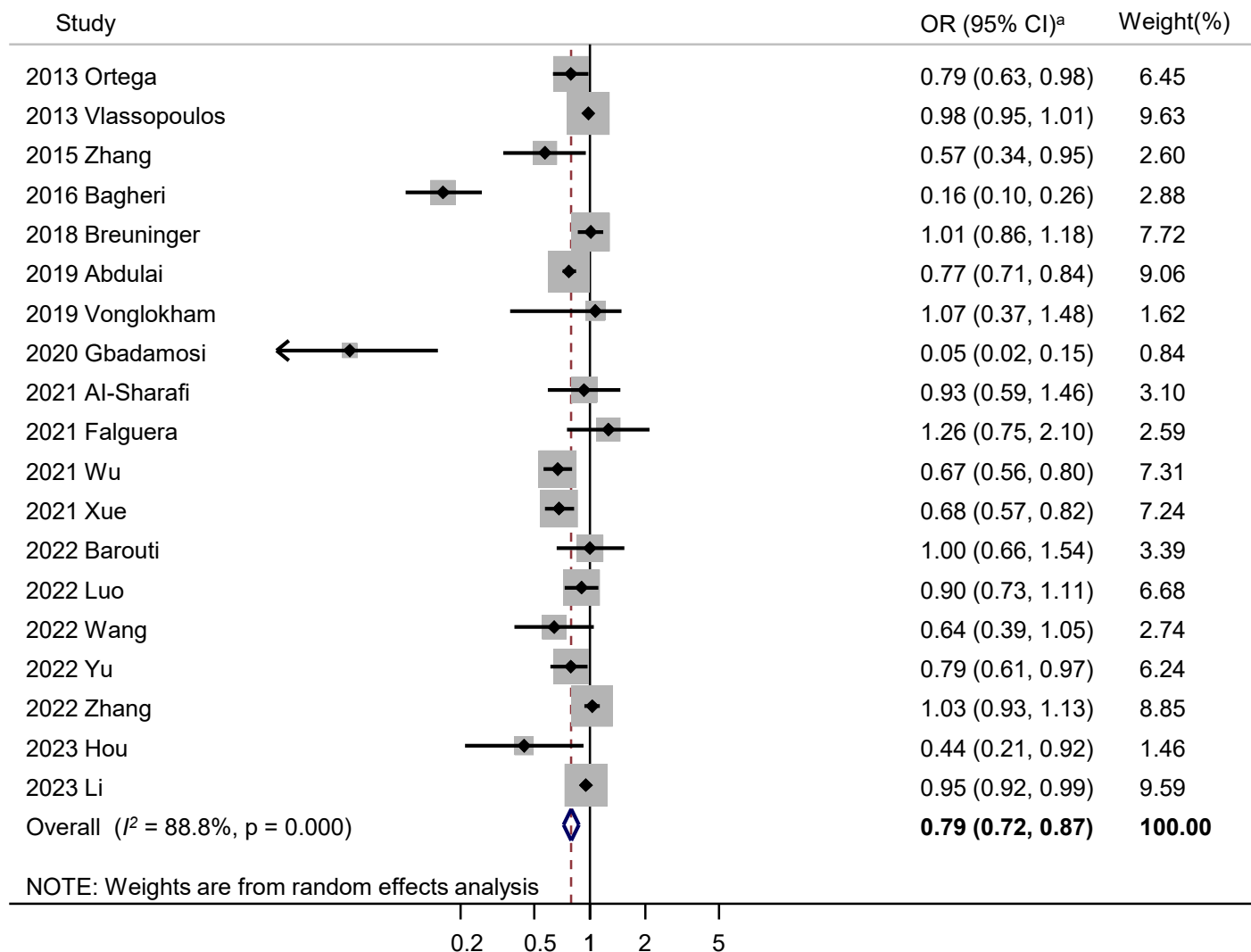
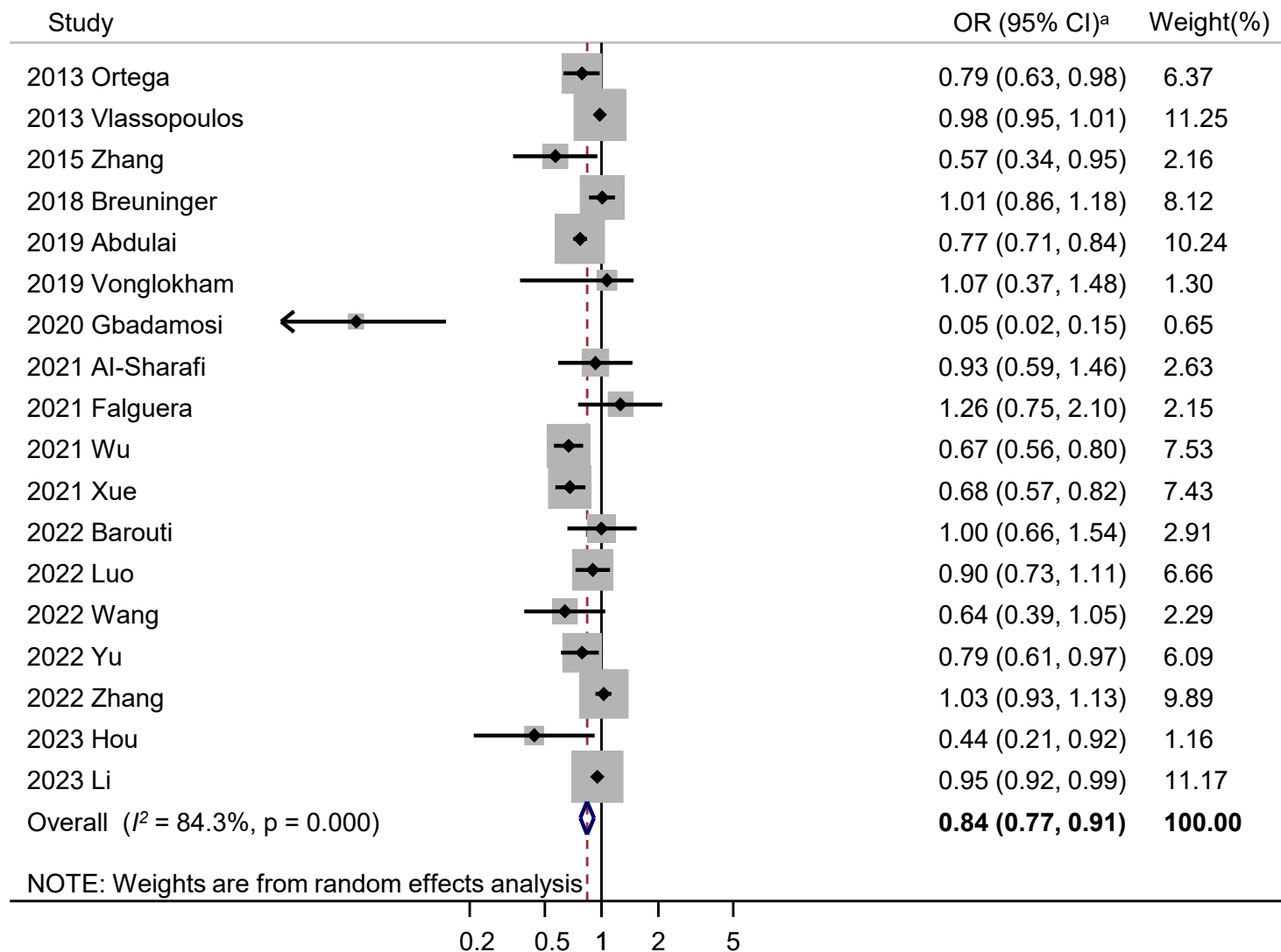
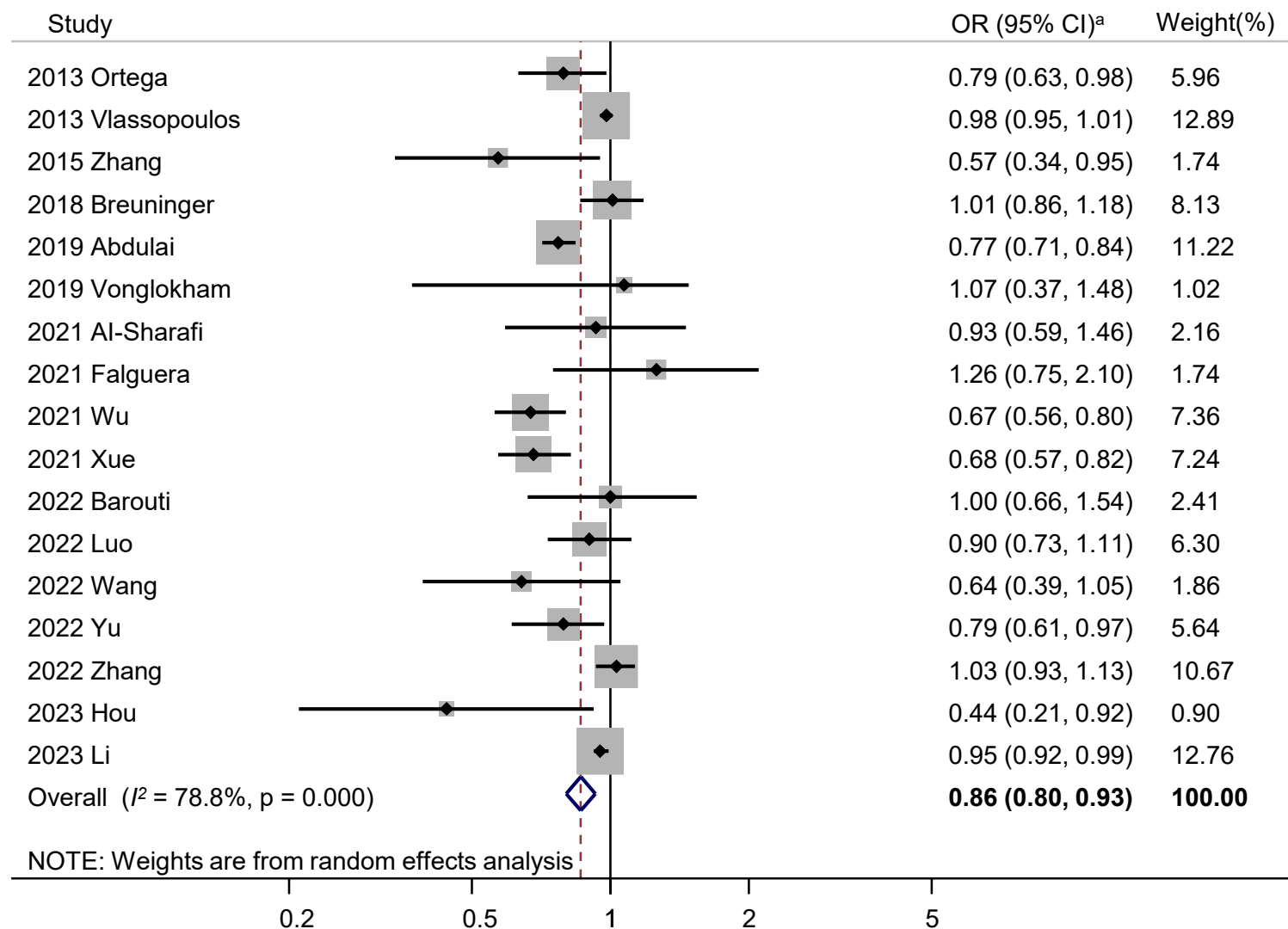




Supplementary Figure S1. Forest plot of meta-analysis of studies on fruit and vegetable consumption and prediabetes after exclusion study of Xia et al. 2021 [34]. ^a Random-Effects Model. OR, Odds Ratio; CI, Confidence Interval. [23-33,35-42]



Supplementary Figure S2. Forest plot of meta-analysis of studies on fruit and vegetable consumption and prediabetes after exclusion study of Bagheri et al. 2016 [26] and Xia et al. 2021 [34]. ^a Random-Effects Model. OR, Odds Ratio; CI, Confidence Interval. [23-25,27-33,35-42]



Supplementary Figure S3. Forest plot of meta-analysis of studies on fruit and vegetable consumption and prediabetes after exclusion study of Bagheri et al. 2016 [26], Gbadamosi and Tlou 2020 [30], and Xia et al. 2021 [34]. ^a Random-Effects Model. OR, Odds Ratio; CI, Confidence Interval. [23-25,27-29,31-33,35-42]