

Supplementary:

Supplementary Table S1: **UPF consumption of total population**

Fast-food (n-%)	
Does not consume	894 (14.8%)
Moderate consumption	3433 (56.7%)
Excessive consumption	1725 (28.5%)
Beverages and juices (n-%)	
Does not consume	2483 (41.0%)
Moderate consumption	2562 (42.3%)
Excessive consumption	1007 (16.6%)
Sweet snacks (n-%)	
Does not consume	1933 (31.9%)
Moderate consumption	2582 (42.7%)
Excessive consumption	1537 (25.4%)
Salty snacks (n-%)	
Does not consume	2974 (49.1%)
Moderate consumption	2382 (39.4%)
Excessive consumption	696 (11.5%)