

Table S1. Existing school-based policies, programs and other initiatives in Latin America (LatAm) countries and inclusion of effective components for the prevention of overweight in children and adolescents

Existing school-based policies, programs and other initiatives in LatAm					Effective components for the prevention of overweight included in the school-based policies, programs and other initiatives (x)				
Country	Document's name	Website Link	Type of instrument	Year of initiation or modification	Nutrition literacy	Physical activity	Nutritious foods and diets	Healthy food environment	Provision of free and safe drinking water
Argentina	Front-of-package Labeling Law	Law #27.642	Law	2021	x		x	x	
	Resolution 732/2016. National Program for Healthy Eating and Obesity Prevention	Resolution # 732/2016	Law	2016	x	x	x	x	
	National Strategy for the Prevention and Control of Non-Communicable Diseases	National Strategy	Policy	2013	x	x	x	x	x
	Law No. 3704 "Promotion of a varied and safe healthy diet for children and adolescents of school age", (Law of Buenos Aires)	Law # 3704	Law	2010	x	x	x	x	
	School Feeding Program	School Feeding Program Regulated by Law # 3704	Program	Year of initiation not reported, but active in 2025			x	x	
	Law 26396, Prevention and control of eating disorders (National Law)	Law # 26396	Law	2008	x	x	x	x	
	Healthy School Environments Guide	Guide Regulated by Law # 26396	Guide	Year of initiation not reported, but active in 2025	x	x	x	x	x
Belize	Belize National Plan of Action for the prevention and control of non-communicable diseases	National Plan	Plan	2013-2023		x	x	x	
	School Health and Nutrition Program	School Feeding Program	Policy	2003	x	x	x		
Bolivia	Law No. 775, law to promote healthy eating	Law #775	Law	2016			x	x	x
	Law No. 622, School Feeding within the framework of Food Sovereignty and Plural Economy	Law #622	Law	2014	x		x		

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Brazil	Resolution 429 on nutrition labelling of pre-packaged foods	Resolution #429	Resolution	2020			x	x	
	Resolution No. 163. Prohibition of all types of advertising directed at boys and girls	Resolution # 163	Resolution	2014				x	
	School Feeding Program	Program regulated by Law #11.947	Program	2009	x		x		
	Resolution 24/2010 Provides for the offer, advertising, publicity, information and other related practices whose objective is the dissemination and commercial promotion of food	Resolution # 24	Policy	2010				x	
	Law Ban on the sale of junk food in schools No.6848	Project Law#6848	Law	2002			x	x	
	National Program for promoting physical activity	Law # 9.394	Law	1994		X			
Chile	Food Law No. 20.606	Law # 20.606	Law	2016			x	x	
	Law # 20.869 Food advertising	Law # 20.869	Law	2015				x	
	School feeding program	Program	Regulation	2004			x		
	National School Physical Activity Plan	Plan	Plan	2010		X			

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Colombia	Resolution 2492 front-of-package nutrition labeling	Resolution #2492	Policy	2022 (start date 2023)			x	x	
	School Feeding Program	Program	Program	Year of initiation not reported, but active in 2025	x		x		
	Promotion of healthier food environments and NCD's prevention ("Law of junk food") No. 2120	Law #2120	Law	2021	x	x	x	x	
	Food sales regulation at schools	Regulation	Regulation	2019			x	x	x
Costa Rica	School Feeding Program	Law # 9435	Law	Modification 2022			x		
	Regulation for the operation and administration of the food store service in public educational centers	Regulation	Regulation of law	2011 (Modification: 2013)			x	x	
El Salvador	School Feeding and nutritional program	Program	Program	Year of initiation not reported, but active in 2025			x		
	Regulations for healthy school stores	Norm school stores	Norm	2017	x		x	x	x
Ecuador	School Feeding Program	Law	Law	Year of initiation not reported, but active in 2025			x		
	Regulation of school food stores of the national education system	Regulation of school stores	Regulation	2014			x	x	x
	Food labeling in Ecuador: implementation, the results and pending actions. As part of the National Plan for Good Living in Ecuador	Food labeling regulation	Regulation	2017				x	
	Learning in movement	Program	Program	Year of initiation not reported, but active in 2025		x			
	Regulation for the authorization and control of advertising and promotion of processed foods	Regulation #259	Regulation	2011				x	
Guatemala	School Feeding Law, Regulation # 16-2017	School Feeding Law	Law	2017	x		x		
Honduras	School Feeding Law	School Feeding Law	Law	2017	x		x	x	
	Regulation of the sale of food in governmental and non-governmental educational centers	Regulation of the sale of food	Regulation	2016			x		

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Mexico	School Breakfast Program	School Breakfast Program	Program	Year of initiation not reported, but active in 2025			x		
	Guidelines for the sale and distribution of food and beverages prepared and processed in schools of the National Educational System	Regulation for the foods and beverages sale and distribution Modification 2024	Regulation	2014 (Modification 2024)			x	x	x
	Modification to the official Mexican Standard NOM-051-SCFI/SSA1-2010, Specifications	Modification NOM-051-SCFI/SSA1-2010	Norm	2014 (Modification 2020)			x	x	
Nicaragua	Comprehensive School Nutrition Program	School Nutrition Program	Program	Year of initiation not reported, but active in 2025	x		x		
Panama	School Meal Program	Program	Regulation	Last modification 2007			x		
	Guidelines for the Offer of Healthy Foods in Kiosks and Cafeterias of Educational Centers	Guidelines	Guidelines	2018			x	x	
	Law 75. Actions to promote adequate nutrition and a healthy lifestyle in educational centers	Law #75	Law	2017			x	x	x
	Resolution 3623 for Healthy School Eating in all official and private educational centers	Resolution 3623	Resolution	2017			x	x	
	Reform of Law 16 on the National Sports Institute	Law #50	Law	2007		x			
Paraguay	Law No. 5210 on School Feeding and Sanitary Control	Law # 5210	Law	2014			x		
	School Feeding Program	School Feeding Program	Program	2014	x		x		
Peru	School Feeding Program	School Feeding Program (Regulation # 008-2012)	Regulation	2012			x		
	Program for physical activity at school	Program	Regulation	2022		x			
	Law No. 30021. Law for the Promotion of healthy eating for boys, girls and adolescents	Law #30021 Resolution	Law	2013	x	x	x	x	

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Suriname	National Action Plan for the Prevention and Control of Noncommunicable Diseases 2015 - 2020	Plan	Plan	2015-2020		x	x		
Uruguay	Regulation 272/018 Food labeling	Regulation #272/018	Regulation	2018			x		
	Law No.19.140 Healthy Eating in Schools	Law #19.140	Law	2013	x	x	x	x	
	School Food program	School Food Program	Program	Year of initiation not reported, but active in 2025	x		x		
Venezuela	School Food Program (Regulation 1.376, 1996)	School Food Program	Law	2015			x		
	Resolution #137 labeling of foods that contain sugar, saturated fats and trans fats	Resolution #137	Resolution	2020			x		