Supplementary figures and tables:

	DRV	Ulcerative Colitis	Crohn's disease	Control
Protein	15	16 (4)	16 (5)	16 (3)
Carbohydrates	>50	46 (7)	46 (8)	46 (7)
Total fats	<35	35 (5)	35 (5)	36 (5)
Saturated fats	<11	13 (3)	14 (3)	13 (3)

Table S1: Percentage of energy derived from macronutrients, expressed as mean percentage of total energy with SD in brackets, compared to the Dietary Reference Values (DRV)

			Ulcerative Colitis	Crohn's disease	Controls
Energy (kcal/d)	**Male**	Mean	2575	1711	2393
		SD	1226	684	689
	Female	Mean	2595	1910	2580
		SD	1237	940	1201

Table S2: Total energy consumption for IBD patients and control. The dietary recommended values (DRV) for males is 2500 kcal/d and females is 2000 kcal/d. UC patients tend to exceed the DRV, whilst CD patients do not meet the DRV.