Supplementary Material

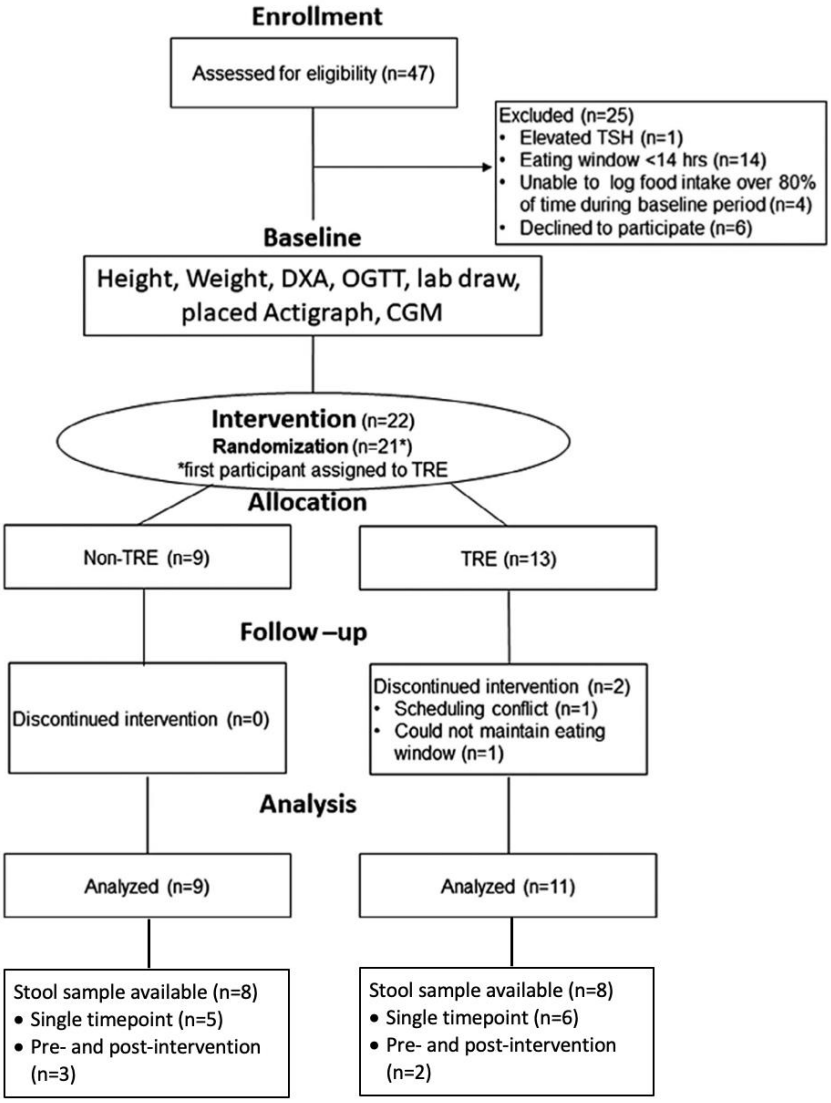


Figure S1. Participant Flow. Adapted from original publication (Chow, *et al*, Obesity 2020). TRE: time-restricted eating, Non-TRE: time unrestricted eating, DXA: dual x-ray absorptiometry, OGTT: oral glucose tolerance test, CGM: continuous glucose monitoring.