

Table S1. Association^a between visit 1 flavonoid intake and ln(TMT-A) for White study participants, HANDLS 2004-2020.

	Basic Model ^b		Demographic Model ^c		Lifestyle Model ^d		Clinical Model ^e		
	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value
<i>Flavonoid Main Effect: Association between visit 1 flavonoid intake and visit 1 ln(TMT-A)</i>									
Total Flavonoids	0.00000	\pm 0.00019	0.985	0.00009	\pm 0.00018	0.621	0.00012	\pm 0.00018	0.520
Flavones	-0.12931	\pm 0.11346	0.255	0.01560	\pm 0.10762	0.885	0.06186	\pm 0.10835	0.568
Flavonols	-0.00341	\pm 0.00515	0.508	0.00075	\pm 0.00480	0.876	0.00300	\pm 0.00484	0.535
Flavonones	-0.00463	\pm 0.00614	0.450	-0.00362	\pm 0.00578	0.531	-0.00188	\pm 0.00580	0.745
Flavan-3-ols	0.00002	\pm 0.00020	0.901	0.00011	\pm 0.00019	0.566	0.00013	\pm 0.00019	0.491
Anthocyanidins	-0.01383	\pm 0.00568	0.015	-0.00827	\pm 0.00545	0.129	-0.00692	\pm 0.00547	0.206
<i>Flavonoid*Time Interaction: Association between visit 1 flavonoid intake and change in ln(TMT-A) over time</i>									
Total Flavonoids	-0.00001	\pm 0.00002	0.618	-0.00002	\pm 0.00002	0.531	-0.00002	\pm 0.00002	0.529
Flavones	-0.03148	\pm 0.01504	0.037	-0.03107	\pm 0.01496	0.038	-0.03172	\pm 0.01497	0.034
Flavonols	-0.00045	\pm 0.00065	0.488	-0.00052	\pm 0.00065	0.421	-0.00053	\pm 0.00065	0.417
Flavonones	0.00051	\pm 0.00087	0.562	0.00049	\pm 0.00087	0.573	0.00043	\pm 0.00087	0.618
Flavan-3-ols	-0.00001	\pm 0.00003	0.625	-0.00002	\pm 0.00003	0.545	-0.00002	\pm 0.00003	0.545
Anthocyanidins	0.00002	\pm 0.00061	0.976	-0.00017	\pm 0.00061	0.781	-0.00018	\pm 0.00061	0.763
							-0.00012	\pm 0.00061	0.841

Abbreviations: TMT, Trail Making Test; SE, Standard Error.

^aAssociations are reported for a 10-unit increment in visit 1 flavonoid intake.

^bBasic Model includes fixed effects for visit 1 flavonoid intake, time, and visit 1 flavonoid intake*time.

^cDemographic Model is the Basic Model adjusted for visit 1 age in years, age-squared, sex, race, poverty status, education in years, and Wide Range Achievement Test (WRAT) scores.

^dLifestyle Model is the Demographic Model adjusted for current smoking status, current drug use, and total energy intake at visit 1.

^eClinical Model is the Demographic Model adjusted for diabetes, hypertension, high cholesterol, the Center for Epidemiologic Studies Depression Scale (CES-D), and body mass index (BMI).

Table S2. Association^a between visit 1 flavonoid intake and ln(TMT-A) for African American study participants, HANDLS 2004-2020.

	Basic Model ^b		Demographic Model ^c		Lifestyle Model ^d		Clinical Model ^e		
	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value
<i>Flavonoid Main Effect: Association between visit 1 flavonoid intake and visit 1 ln(TMT-A)</i>									
Total Flavonoids	-0.00016	\pm 0.00046	0.733	0.00009	\pm 0.00042	0.837	0.00017	\pm 0.00042	0.686
Flavones	0.05521	\pm 0.16015	0.730	0.18620	\pm 0.14808	0.209	0.23777	\pm 0.14885	0.110
Flavonols	-0.00103	\pm 0.00908	0.910	0.00039	\pm 0.00843	0.963	0.00809	\pm 0.00873	0.354
Flavonones	-0.00577	\pm 0.00416	0.166	-0.00435	\pm 0.00383	0.256	-0.00306	\pm 0.00386	0.428
Flavan-3-ols	-0.00009	\pm 0.00048	0.843	0.00013	\pm 0.00044	0.765	0.00017	\pm 0.00044	0.694
Anthocyanidins	0.00083	\pm 0.00760	0.913	0.00159	\pm 0.00698	0.820	0.00455	\pm 0.00704	0.518
<i>Flavonoid*Time Interaction: Association between visit 1 flavonoid intake and change in ln(TMT-A) over time</i>									
Total Flavonoids	0.00004	\pm 0.00006	0.498	0.00003	\pm 0.00006	0.612	0.00003	\pm 0.00006	0.588
Flavones	-0.00980	\pm 0.01879	0.602	-0.01346	\pm 0.01861	0.469	-0.01555	\pm 0.01863	0.404
Flavonols	0.00126	\pm 0.00114	0.270	0.00118	\pm 0.00113	0.294	0.00121	\pm 0.00113	0.284
Flavonones	-0.00040	\pm 0.00051	0.435	-0.00055	\pm 0.00051	0.276	-0.00056	\pm 0.00051	0.269
Flavan-3-ols	0.00005	\pm 0.00006	0.443	0.00004	\pm 0.00006	0.528	0.00004	\pm 0.00006	0.506
Anthocyanidins	-0.00006	\pm 0.00079	0.940	-0.00004	\pm 0.00078	0.961	-0.00004	\pm 0.00078	0.958

Abbreviations: TMT, Trail Making Test; SE, Standard Error.

^aAssociations are reported for a 10-unit increment in visit 1 flavonoid intake.

^bBasic Model includes fixed effects for visit 1 flavonoid intake, time, and visit 1 flavonoid intake*time.

^cDemographic Model is the Basic Model adjusted for visit 1 age in years, age-squared, sex, race, poverty status, education in years, and Wide Range Achievement Test (WRAT) scores.

^dLifestyle Model is the Demographic Model adjusted for current smoking status, current drug use, and total energy intake at visit 1.

^eClinical Model is the Demographic Model adjusted for diabetes, hypertension, high cholesterol, the Center for Epidemiologic Studies Depression Scale (CES-D), and body mass index (BMI).

Table S3. Association^a between visit 1 flavonoid intake and ln(TMT-A) for all study participants 50+ years, HANDLS 2004-2020.

	Basic Model ^b		Demographic Model ^c		Lifestyle Model ^d		Clinical Model ^e		
	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value
<i>Flavonoid Main Effect: Association between visit 1 flavonoid intake and visit 1 ln(TMT-A)</i>									
Total Flavonoids	-0.00087	\pm 0.00034	0.010	-0.00022	\pm 0.00031	0.488	-0.00015	\pm 0.00031	0.627
Flavones	-0.24376	\pm 0.15976	0.127	0.10282	\pm 0.15042	0.494	0.17461	\pm 0.15118	0.248
Flavonols	-0.01972	\pm 0.00790	0.013	-0.00456	\pm 0.00737	0.536	0.00091	\pm 0.00751	0.903
Flavonones	-0.00381	\pm 0.00553	0.491	-0.00345	\pm 0.00511	0.499	-0.00103	\pm 0.00516	0.843
Flavan-3-ols	-0.00084	\pm 0.00035	0.017	-0.00022	\pm 0.00033	0.506	-0.00018	\pm 0.00032	0.588
Anthocyanidins	-0.01581	\pm 0.00627	0.012	-0.00224	\pm 0.00586	0.702	0.00058	\pm 0.00590	0.922
<i>Flavonoid*Time Interaction: Association between visit 1 flavonoid intake and change in ln(TMT-A) over time</i>									
Total Flavonoids	0.00006	\pm 0.00005	0.211	0.00005	\pm 0.00005	0.251	0.00006	\pm 0.00005	0.206
Flavones	-0.01341	\pm 0.02265	0.554	-0.01604	\pm 0.02250	0.476	-0.01633	\pm 0.02250	0.468
Flavonols	0.00099	\pm 0.00112	0.377	0.00088	\pm 0.00111	0.425	0.00099	\pm 0.00111	0.372
Flavonones	-0.00035	\pm 0.00071	0.618	-0.00055	\pm 0.00070	0.431	-0.00055	\pm 0.00070	0.430
Flavan-3-ols	0.00007	\pm 0.00005	0.161	0.00006	\pm 0.00005	0.191	0.00007	\pm 0.00005	0.156
Anthocyanidins	-0.00040	\pm 0.00063	0.519	-0.00053	\pm 0.00063	0.401	-0.00052	\pm 0.00063	0.402

Abbreviations: TMT, Trail Making Test; SE, Standard Error.

^aAssociations are reported for a 10-unit increment in visit 1 flavonoid intake.

^bBasic Model includes fixed effects for visit 1 flavonoid intake, time, and visit 1 flavonoid intake*time.

^cDemographic Model is the Basic Model adjusted for visit 1 age in years, age-squared, sex, race, poverty status, education in years, and Wide Range Achievement Test (WRAT) scores.

^dLifestyle Model is the Demographic Model adjusted for current smoking status, current drug use, and total energy intake at visit 1.

^eClinical Model is the Demographic Model adjusted for diabetes, hypertension, high cholesterol, the Center for Epidemiologic Studies Depression Scale (CES-D), and body mass index (BMI).

Table S4. Association^a between visit 1 flavonoid intake and ln(TMT-A) for White study participants 50+ years, HANLDS 2004-2020.

	Basic Model ^b		Demographic Model ^c		Lifestyle Model ^d		Clinical Model ^e		
	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value
<i>Flavonoid Main Effect: Association between visit 1 flavonoid intake and visit 1 ln(TMT-A)</i>									
Total Flavonoids	-0.00042	\pm 0.00036	0.244	-0.00023	\pm 0.00034	0.498	-0.00018	\pm 0.00034	0.595
Flavones	-0.03899	\pm 0.17968	0.828	0.08152	\pm 0.17650	0.644	0.13760	\pm 0.17807	0.440
Flavonols	-0.01047	\pm 0.00919	0.255	-0.00488	\pm 0.00889	0.583	-0.00217	\pm 0.00895	0.809
Flavonones	-0.01180	\pm 0.00844	0.163	-0.00834	\pm 0.00830	0.316	-0.00615	\pm 0.00835	0.462
Flavan-3-ols	-0.00037	\pm 0.00037	0.313	-0.00021	\pm 0.00036	0.554	-0.00017	\pm 0.00036	0.636
Anthocyanidins	-0.01384	\pm 0.00755	0.068	-0.00856	\pm 0.00745	0.251	-0.00710	\pm 0.00749	0.343
<i>Flavonoid*Time Interaction: Association between visit 1 flavonoid intake and change in ln(TMT-A) over time</i>									
Total Flavonoids	0.00005	\pm 0.00005	0.357	0.00005	\pm 0.00005	0.364	0.00005	\pm 0.00005	0.333
Flavones	-0.03308	\pm 0.02759	0.231	-0.03358	\pm 0.02743	0.222	-0.03229	\pm 0.02749	0.240
Flavonols	0.00070	\pm 0.00134	0.604	0.00066	\pm 0.00133	0.619	0.00073	\pm 0.00133	0.586
Flavonones	0.00109	\pm 0.00138	0.430	0.00095	\pm 0.00136	0.489	0.00089	\pm 0.00136	0.512
Flavan-3-ols	0.00005	\pm 0.00005	0.353	0.00005	\pm 0.00005	0.354	0.00005	\pm 0.00005	0.321
Anthocyanidins	-0.00002	\pm 0.00076	0.983	-0.00016	\pm 0.00076	0.832	-0.00018	\pm 0.00076	0.808
									0.905

Abbreviations: TMT, Trail Making Test; SE, Standard Error.

^aAssociations are reported for a 10-unit increment in visit 1 flavonoid intake.

^bBasic Model includes fixed effects for visit 1 flavonoid intake, time, and visit 1 flavonoid intake*time.

^cDemographic Model is the Basic Model adjusted for visit 1 age in years, age-squared, sex, race, poverty status, education in years, and Wide Range Achievement Test (WRAT) scores.

^dLifestyle Model is the Demographic Model adjusted for current smoking status, current drug use, and total energy intake at visit 1.

^eClinical Model is the Demographic Model adjusted for diabetes, hypertension, high cholesterol, the Center for Epidemiologic Studies Depression Scale (CES-D), and body mass index (BMI).

Table S5. Association^a between visit 1 flavonoid intake and ln(TMT-A) for African American study participants 50+ years, HANDLS 2004-2020.

	Basic Model ^b		Demographic Model ^c		Lifestyle Model ^d		Clinical Model ^e		
	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value
<i>Flavonoid Main Effect: Association between visit 1 flavonoid intake and visit 1 ln(TMT-A)</i>									
Total Flavonoids	-0.00023	\pm 0.00081	0.773	-0.00011	\pm 0.00078	0.884	0.00006	\pm 0.00078	0.940
Flavones	-0.11293	\pm 0.30209	0.709	0.16562	\pm 0.29551	0.575	0.28540	\pm 0.29717	0.337
Flavonols	-0.00766	\pm 0.01382	0.580	-0.00484	\pm 0.01342	0.718	0.00794	\pm 0.01410	0.573
Flavonones	-0.00279	\pm 0.00682	0.682	-0.00049	\pm 0.00654	0.941	0.00177	\pm 0.00666	0.790
Flavan-3-ols	-0.00022	\pm 0.00085	0.801	-0.00019	\pm 0.00082	0.816	-0.00012	\pm 0.00081	0.886
Anthocyanidins	-0.00163	\pm 0.01008	0.872	0.00625	\pm 0.00968	0.518	0.01138	\pm 0.00980	0.246
<i>Flavonoid*Time Interaction: Association between visit 1 flavonoid intake and change in ln(TMT-A) over time</i>									
Total Flavonoids	0.00010	\pm 0.00010	0.333	0.00009	\pm 0.00010	0.360	0.00011	\pm 0.00010	0.294
Flavones	0.01800	\pm 0.03831	0.639	0.01241	\pm 0.03822	0.746	0.00931	\pm 0.03820	0.808
Flavonols	0.00164	\pm 0.00195	0.403	0.00165	\pm 0.00195	0.397	0.00183	\pm 0.00195	0.348
Flavonones	-0.00109	\pm 0.00085	0.199	-0.00115	\pm 0.00084	0.171	-0.00113	\pm 0.00084	0.178
Flavan-3-ols	0.00014	\pm 0.00011	0.210	0.00013	\pm 0.00011	0.227	0.00014	\pm 0.00011	0.183
Anthocyanidins	-0.00099	\pm 0.00109	0.366	-0.00107	\pm 0.00109	0.328	-0.00098	\pm 0.00109	0.366
							-0.00092	\pm 0.00109	0.397

Abbreviations: TMT, Trail Making Test; SE, Standard Error.

^aAssociations are reported for a 10-unit increment in visit 1 flavonoid intake.

^bBasic Model includes fixed effects for visit 1 flavonoid intake, time, and visit 1 flavonoid intake*time.

^cDemographic Model is the Basic Model adjusted for visit 1 age in years, age-squared, sex, race, poverty status, education in years, and Wide Range Achievement Test (WRAT) scores.

^dLifestyle Model is the Demographic Model adjusted for current smoking status, current drug use, and total energy intake at visit 1.

^eClinical Model is the Demographic Model adjusted for diabetes, hypertension, high cholesterol, the Center for Epidemiologic Studies Depression Scale (CES-D), and body mass index (BMI).

Table S6. Association^a between visit 1 flavonoid intake and ln(TMT-B) for all study participants 50+ years, HANDLS 2004-2020.

	Basic Model ^b		Demographic Model ^c		Lifestyle Model ^d		Clinical Model ^e		
	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value
<i>Flavonoid Main Effect: Association between visit 1 flavonoid intake and visit 1 ln(TMT-B)</i>									
Total Flavonoids	-0.00104	\pm 0.00057	0.067	0.00033	\pm 0.00049	0.504	0.00039	\pm 0.00049	0.431
Flavones	-0.78640	\pm 0.26593	0.003	0.10325	\pm 0.23446	0.660	0.18130	\pm 0.23660	0.444
Flavonols	-0.02973	\pm 0.01322	0.025	0.00792	\pm 0.01150	0.491	0.01356	\pm 0.01177	0.249
Flavonones	0.00316	\pm 0.00926	0.733	0.01071	\pm 0.00796	0.178	0.01370	\pm 0.00807	0.090
Flavan-3-ols	-0.00095	\pm 0.00059	0.108	0.00030	\pm 0.00051	0.550	0.00034	\pm 0.00051	0.508
Anthocyanidins	-0.03676	\pm 0.01057	0.001	-0.00436	\pm 0.00922	0.636	-0.00143	\pm 0.00932	0.878
<i>Flavonoid*Time Interaction: Association between visit 1 flavonoid intake and change in ln(TMT-B) over time</i>									
Total Flavonoids	0.00010	\pm 0.00006	0.122	0.00009	\pm 0.00006	0.166	0.00009	\pm 0.00006	0.156
Flavones	0.00398	\pm 0.03092	0.898	0.00473	\pm 0.03071	0.878	0.00396	\pm 0.03075	0.898
Flavonols	0.00190	\pm 0.00152	0.212	0.00175	\pm 0.00151	0.247	0.00180	\pm 0.00151	0.234
Flavonones	-0.00077	\pm 0.00097	0.426	-0.00102	\pm 0.00096	0.288	-0.00103	\pm 0.00096	0.282
Flavan-3-ols	0.00011	\pm 0.00007	0.104	0.00010	\pm 0.00007	0.144	0.00010	\pm 0.00007	0.135
Anthocyanidins	0.00014	\pm 0.00085	0.873	0.00001	\pm 0.00085	0.989	-0.00003	\pm 0.00085	0.976

Abbreviations: TMT, Trail Making Test; SE, Standard Error.

^aAssociations are reported for a 10-unit increment in visit 1 flavonoid intake.

^bBasic Model includes fixed effects for visit 1 flavonoid intake, time, and visit 1 flavonoid intake*time.

^cDemographic Model is the Basic Model adjusted for visit 1 age in years, age-squared, sex, race, poverty status, education in years, and Wide Range Achievement Test (WRAT) scores.

^dLifestyle Model is the Demographic Model adjusted for current smoking status, current drug use, and total energy intake at visit 1.

^eClinical Model is the Demographic Model adjusted for diabetes, hypertension, high cholesterol, the Center for Epidemiologic Studies Depression Scale (CES-D), and body mass index (BMI).

Table S7. Association^a between visit 1 flavonoid intake and ln(TMT-B) for White study participants 50+ years, HANDLS 2004-2020.

	Basic Model ^b		Demographic Model ^c		Lifestyle Model ^d		Clinical Model ^e		
	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value
<i>Flavonoid Main Effect: Association between visit 1 flavonoid intake and visit 1 ln(TMT-B)</i>									
Total Flavonoids	-0.00034	\pm 0.00053	0.521	-0.00002	\pm 0.00049	0.966	0.00001	\pm 0.00049	0.980
Flavones	-0.58736	\pm 0.26390	0.027	-0.22680	\pm 0.24842	0.362	-0.17044	\pm 0.25119	0.497
Flavonols	-0.01459	\pm 0.01362	0.285	0.00044	\pm 0.01254	0.972	0.00288	\pm 0.01265	0.820
Flavonones	-0.02005	\pm 0.01242	0.107	-0.00091	\pm 0.01168	0.938	0.00137	\pm 0.01177	0.908
Flavan-3-ols	-0.00020	\pm 0.00055	0.716	0.00003	\pm 0.00050	0.958	0.00005	\pm 0.00050	0.923
Anthocyanidins	-0.03814	\pm 0.01114	0.001	-0.01931	\pm 0.01055	0.068	-0.01750	\pm 0.01062	0.099
<i>Flavonoid*Time Interaction: Association between visit 1 flavonoid intake and change in ln(TMT-B) over time</i>									
Total Flavonoids	0.00011	\pm 0.00007	0.094	0.00010	\pm 0.00007	0.127	0.00010	\pm 0.00007	0.123
Flavones	0.02177	\pm 0.03544	0.539	0.02641	\pm 0.03533	0.455	0.02748	\pm 0.03542	0.438
Flavonols	0.00279	\pm 0.00171	0.105	0.00255	\pm 0.00171	0.136	0.00260	\pm 0.00171	0.129
Flavonones	0.00066	\pm 0.00179	0.714	0.00072	\pm 0.00177	0.683	0.00072	\pm 0.00178	0.685
Flavan-3-ols	0.00011	\pm 0.00007	0.100	0.00010	\pm 0.00007	0.133	0.00010	\pm 0.00007	0.128
Anthocyanidins	0.00029	\pm 0.00097	0.765	0.00013	\pm 0.00097	0.890	0.00009	\pm 0.00097	0.922
									0.863

Abbreviations: TMT, Trail Making Test; SE, Standard Error.

^aAssociations are reported for a 10-unit increment in visit 1 flavonoid intake.

^bBasic Model includes fixed effects for visit 1 flavonoid intake, time, and visit 1 flavonoid intake*time.

^cDemographic Model is the Basic Model adjusted for visit 1 age in years, age-squared, sex, race, poverty status, education in years, and Wide Range Achievement Test (WRAT) scores.

^dLifestyle Model is the Demographic Model adjusted for current smoking status, current drug use, and total energy intake at visit 1.

^eClinical Model is the Demographic Model adjusted for diabetes, hypertension, high cholesterol, the Center for Epidemiologic Studies Depression Scale (CES-D), and body mass index (BMI).

Table S8. Association^a between visit 1 flavonoid intake and ln(TMT-B) for African American study participants 50+ years, HANDLS 2004-2020.

	Basic Model ^b		Demographic Model ^c		Lifestyle Model ^d		Clinical Model ^e		
	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value
<i>Flavonoid Main Effect: Association between visit 1 flavonoid intake and visit 1 ln(TMT-B)</i>									
Total Flavonoids	0.00170	\pm 0.00142	0.232	0.00225	\pm 0.00128	0.079	0.00241	\pm 0.00129	0.061
Flavones	0.03019	\pm 0.53028	0.955	0.95456	\pm 0.48897	0.051	1.08187	\pm 0.49397	0.029
Flavonols	0.00757	\pm 0.02422	0.755	0.02769	\pm 0.02215	0.211	0.04114	\pm 0.02352	0.080
Flavonones	0.00911	\pm 0.01201	0.449	0.01650	\pm 0.01084	0.128	0.01928	\pm 0.01106	0.082
Flavan-3-ols	0.00168	\pm 0.00150	0.263	0.00197	\pm 0.00135	0.145	0.00203	\pm 0.00135	0.134
Anthocyanidins	0.00367	\pm 0.01790	0.838	0.02059	\pm 0.01617	0.203	0.02567	\pm 0.01647	0.119
<i>Flavonoid*Time Interaction: Association between visit 1 flavonoid intake and change in ln(TMT-B) over time</i>									
Total Flavonoids	-0.00006	\pm 0.00015	0.696	-0.00006	\pm 0.00015	0.696	-0.00005	\pm 0.00015	0.734
Flavones	-0.05359	\pm 0.05422	0.323	-0.05945	\pm 0.05383	0.269	-0.06266	\pm 0.05395	0.245
Flavonols	-0.00126	\pm 0.00277	0.650	-0.00112	\pm 0.00275	0.684	-0.00103	\pm 0.00275	0.710
Flavonones	-0.00124	\pm 0.00120	0.300	-0.00133	\pm 0.00119	0.263	-0.00134	\pm 0.00119	0.261
Flavan-3-ols	-0.00003	\pm 0.00016	0.858	-0.00003	\pm 0.00016	0.862	-0.00002	\pm 0.00016	0.902
Anthocyanidins	-0.00091	\pm 0.00153	0.554	-0.00099	\pm 0.00152	0.515	-0.00097	\pm 0.00152	0.522

Abbreviations: TMT, Trail Making Test; SE, Standard Error.

^aAssociations are reported for a 10-unit increment in visit 1 flavonoid intake.

^bBasic Model includes fixed effects for visit 1 flavonoid intake, time, and visit 1 flavonoid intake*time.

^cDemographic Model is the Basic Model adjusted for visit 1 age in years, age-squared, sex, race, poverty status, education in years, and Wide Range Achievement Test (WRAT) scores.

^dLifestyle Model is the Demographic Model adjusted for current smoking status, current drug use, and total energy intake at visit 1.

^eClinical Model is the Demographic Model adjusted for diabetes, hypertension, high cholesterol, the Center for Epidemiologic Studies Depression Scale (CES-D), and body mass index (BMI).

Table S9. Association^a between visit 1 flavonoid intake and ln(TMT-A) for all study participants without MMSE exclusion, HANDLS 2004-2020.

	Basic Model ^b		Demographic Model ^c		Lifestyle Model ^d		Clinical Model ^e		
	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value
<i>Flavonoid Main Effect: Association between visit 1 flavonoid intake and visit 1 ln(TMT-A)</i>									
Total Flavonoids	-0.00050	\pm 0.00020	0.012	0.00000	\pm 0.00018	0.983	0.00004	\pm 0.00018	0.807
Flavones	-0.30914	\pm 0.10076	0.002	0.03359	\pm 0.09095	0.712	0.08347	\pm 0.09151	0.362
Flavonols	-0.01502	\pm 0.00485	0.002	-0.00236	\pm 0.00435	0.587	0.00142	\pm 0.00442	0.748
Flavonones	-0.00237	\pm 0.00363	0.513	-0.00508	\pm 0.00322	0.115	-0.00354	\pm 0.00324	0.274
Flavan-3-ols	-0.00047	\pm 0.00020	0.022	0.00003	\pm 0.00018	0.872	0.00006	\pm 0.00018	0.758
Anthocyanidins	-0.01706	\pm 0.00507	0.001	-0.00492	\pm 0.00457	0.281	-0.00292	\pm 0.00458	0.523
<i>Flavonoid*Time Interaction: Association between visit 1 flavonoid intake and change in ln(TMT-A) over time</i>									
Total Flavonoids	0.00000	\pm 0.00002	0.995	-0.00001	\pm 0.00002	0.810	-0.00001	\pm 0.00002	0.827
Flavones	-0.01676	\pm 0.01192	0.160	-0.01989	\pm 0.01182	0.092	-0.02068	\pm 0.01183	0.080
Flavonols	0.00022	\pm 0.00059	0.708	0.00012	\pm 0.00059	0.845	0.00015	\pm 0.00059	0.804
Flavonones	-0.00008	\pm 0.00043	0.851	-0.00019	\pm 0.00043	0.657	-0.00021	\pm 0.00043	0.628
Flavan-3-ols	0.00000	\pm 0.00002	0.965	0.00000	\pm 0.00002	0.855	0.00000	\pm 0.00002	0.870
Anthocyanidins	-0.00001	\pm 0.00050	0.988	-0.00017	\pm 0.00050	0.737	-0.00017	\pm 0.00050	0.737
							-0.00012	\pm 0.00050	0.809

Abbreviations: TMT, Trail Making Test; MMSE, Mini-Mental State Exam; SE, Standard Error.

^aAssociations are reported for a 10-unit increment in visit 1 flavonoid intake.

^bBasic Model includes fixed effects for visit 1 flavonoid intake, time, and visit 1 flavonoid intake*time.

^cDemographic Model is the Basic Model adjusted for visit 1 age in years, age-squared, sex, race, poverty status, education in years, and Wide Range Achievement Test (WRAT) scores.

^dLifestyle Model is the Demographic Model adjusted for current smoking status, current drug use, and total energy intake at visit 1.

^eClinical Model is the Demographic Model adjusted for diabetes, hypertension, high cholesterol, the Center for Epidemiologic Studies Depression Scale (CES-D), and body mass index (BMI).

Table S10. Association^a between visit 1 flavonoid intake and ln(TMT-A) for White study participants without MMSE exclusion, HANDLS 2004-2020.

	Basic Model ^b		Demographic Model ^c		Lifestyle Model ^d		Clinical Model ^e		
	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value
<i>Flavonoid Main Effect: Association between visit 1 flavonoid intake and visit 1 ln(TMT-A)</i>									
Total Flavonoids	-0.00007	\pm 0.00020	0.727	0.00003	\pm 0.00018	0.881	0.00005	\pm 0.00018	0.769
Flavones	-0.17236	\pm 0.11441	0.132	-0.00599	\pm 0.10708	0.955	0.03532	\pm 0.10779	0.743
Flavonols	-0.00455	\pm 0.00522	0.383	-0.00030	\pm 0.00480	0.950	0.00179	\pm 0.00483	0.711
Flavonones	-0.00215	\pm 0.00578	0.710	-0.00299	\pm 0.00535	0.576	-0.00162	\pm 0.00537	0.763
Flavan-3-ols	-0.00004	\pm 0.00020	0.843	0.00004	\pm 0.00019	0.820	0.00006	\pm 0.00019	0.733
Anthocyanidins	-0.01735	\pm 0.00582	0.003	-0.00887	\pm 0.00554	0.109	-0.00780	\pm 0.00555	0.160
<i>Flavonoid*Time Interaction: Association between visit 1 flavonoid intake and change in ln(TMT-A) over time</i>									
Total Flavonoids	-0.00001	\pm 0.00002	0.768	-0.00001	\pm 0.00002	0.666	-0.00001	\pm 0.00002	0.663
Flavones	-0.03119	\pm 0.01472	0.034	-0.03098	\pm 0.01470	0.035	-0.03108	\pm 0.01472	0.035
Flavonols	-0.00034	\pm 0.00064	0.596	-0.00040	\pm 0.00064	0.535	-0.00038	\pm 0.00064	0.556
Flavonones	0.00098	\pm 0.00083	0.237	0.00096	\pm 0.00082	0.240	0.00090	\pm 0.00082	0.270
Flavan-3-ols	-0.00001	\pm 0.00002	0.772	-0.00001	\pm 0.00002	0.675	-0.00001	\pm 0.00002	0.672
Anthocyanidins	-0.00006	\pm 0.00060	0.915	-0.00026	\pm 0.00060	0.667	-0.00027	\pm 0.00060	0.657

Abbreviations: TMT, Trail Making Test; MMSE, Mini-Mental State Exam; SE, Standard Error.

^aAssociations are reported for a 10-unit increment in visit 1 flavonoid intake.

^bBasic Model includes fixed effects for visit 1 flavonoid intake, time, and visit 1 flavonoid intake*time.

^cDemographic Model is the Basic Model adjusted for visit 1 age in years, age-squared, sex, race, poverty status, education in years, and Wide Range Achievement Test (WRAT) scores.

^dLifestyle Model is the Demographic Model adjusted for current smoking status, current drug use, and total energy intake at visit 1.

^eClinical Model is the Demographic Model adjusted for diabetes, hypertension, high cholesterol, the Center for Epidemiologic Studies Depression Scale (CES-D), and body mass index (BMI).

Table S11. Association^a between visit 1 flavonoid intake and ln(TMT-A) for African American study participants without MMSE exclusion, HANDLS 2004-2020.

	Basic Model ^b		Demographic Model ^c		Lifestyle Model ^d		Clinical Model ^e		
	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value
<i>Flavonoid Main Effect: Association between visit 1 flavonoid intake and visit 1 ln(TMT-A)</i>									
Total Flavonoids	-0.00057	\pm 0.00048	0.230	-0.00020	\pm 0.00043	0.647	-0.00010	\pm 0.00043	0.817
Flavones	-0.14196	\pm 0.17133	0.408	0.07716	\pm 0.15538	0.620	0.13957	\pm 0.15657	0.373
Flavonols	-0.01430	\pm 0.00922	0.121	-0.00888	\pm 0.00841	0.291	-0.00149	\pm 0.00878	0.866
Flavonones	-0.00761	\pm 0.00452	0.092	-0.00536	\pm 0.00407	0.187	-0.00394	\pm 0.00410	0.337
Flavan-3-ols	-0.00048	\pm 0.00050	0.338	-0.00014	\pm 0.00045	0.760	-0.00008	\pm 0.00045	0.854
Anthocyanidins	-0.00272	\pm 0.00834	0.745	0.00011	\pm 0.00751	0.988	0.00341	\pm 0.00757	0.653
<i>Flavonoid*Time Interaction: Association between visit 1 flavonoid intake and change in ln(TMT-A) over time</i>									
Total Flavonoids	0.00004	\pm 0.00006	0.498	0.00003	\pm 0.00006	0.615	0.00003	\pm 0.00006	0.595
Flavones	-0.00290	\pm 0.01847	0.875	-0.00817	\pm 0.01828	0.655	-0.01010	\pm 0.01832	0.581
Flavonols	0.00158	\pm 0.00113	0.164	0.00146	\pm 0.00112	0.193	0.00147	\pm 0.00112	0.188
Flavonones	-0.00037	\pm 0.00053	0.484	-0.00054	\pm 0.00052	0.297	-0.00055	\pm 0.00052	0.289
Flavan-3-ols	0.00004	\pm 0.00006	0.464	0.00003	\pm 0.00006	0.553	0.00004	\pm 0.00006	0.535
Anthocyanidins	0.00005	\pm 0.00081	0.952	0.00009	\pm 0.00080	0.911	0.00008	\pm 0.00080	0.916

Abbreviations: TMT, Trail Making Test; MMSE, Mini-Mental State Exam; SE, Standard Error.

^aAssociations are reported for a 10-unit increment in visit 1 flavonoid intake.

^bBasic Model includes fixed effects for visit 1 flavonoid intake, time, and visit 1 flavonoid intake*time.

^cDemographic Model is the Basic Model adjusted for visit 1 age in years, age-squared, sex, race, poverty status, education in years, and Wide Range Achievement Test (WRAT) scores.

^dLifestyle Model is the Demographic Model adjusted for current smoking status, current drug use, and total energy intake at visit 1.

^eClinical Model is the Demographic Model adjusted for diabetes, hypertension, high cholesterol, the Center for Epidemiologic Studies Depression Scale (CES-D), and body mass index (BMI).

Table S12. Association^a between visit 1 flavonoid intake and ln(TMT-B) for all study participants without MMSE exclusion, HANDLS 2004-2020.

	Basic Model ^b		Demographic Model ^c		Lifestyle Model ^d		Clinical Model ^e		
	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value
<i>Flavonoid Main Effect: Association between visit 1 flavonoid intake and visit 1 ln(TMT-B)</i>									
Total Flavonoids	-0.00120	\pm 0.00032	<0.001	-0.00024	\pm 0.00027	0.368	-0.00019	\pm 0.00027	0.477
Flavones	-1.03293	\pm 0.16506	<0.001	-0.21236	\pm 0.13782	0.123	-0.14283	\pm 0.13888	0.304
Flavonols	-0.03209	\pm 0.00798	<0.001	-0.00462	\pm 0.00658	0.483	0.00083	\pm 0.00671	0.901
Flavonones	0.00618	\pm 0.00597	0.301	0.00310	\pm 0.00487	0.524	0.00556	\pm 0.00491	0.257
Flavan-3-ols	-0.00117	\pm 0.00034	0.001	-0.00025	\pm 0.00028	0.370	-0.00022	\pm 0.00028	0.434
Anthocyanidins	-0.03891	\pm 0.00833	<0.001	-0.00498	\pm 0.00693	0.472	-0.00194	\pm 0.00696	0.780
<i>Flavonoid*Time Interaction: Association between visit 1 flavonoid intake and change in ln(TMT-B) over time</i>									
Total Flavonoids	0.00006	\pm 0.00003	0.051	0.00005	\pm 0.00003	0.096	0.00005	\pm 0.00003	0.092
Flavones	0.01908	\pm 0.01605	0.235	0.01657	\pm 0.01588	0.297	0.01560	\pm 0.01590	0.326
Flavonols	0.00158	\pm 0.00080	0.049	0.00141	\pm 0.00079	0.076	0.00144	\pm 0.00079	0.070
Flavonones	-0.00018	\pm 0.00058	0.752	-0.00033	\pm 0.00057	0.558	-0.00036	\pm 0.00057	0.534
Flavan-3-ols	0.00007	\pm 0.00003	0.053	0.00006	\pm 0.00003	0.097	0.00006	\pm 0.00003	0.094
Anthocyanidins	0.00056	\pm 0.00068	0.411	0.00038	\pm 0.00067	0.568	0.00037	\pm 0.00067	0.583

Abbreviations: TMT, Trail Making Test; MMSE, Mini-Mental State Exam; SE, Standard Error.

^aAssociations are reported for a 10-unit increment in visit 1 flavonoid intake.

^bBasic Model includes fixed effects for visit 1 flavonoid intake, time, and visit 1 flavonoid intake*time.

^cDemographic Model is the Basic Model adjusted for visit 1 age in years, age-squared, sex, race, poverty status, education in years, and Wide Range Achievement Test (WRAT) scores.

^dLifestyle Model is the Demographic Model adjusted for current smoking status, current drug use, and total energy intake at visit 1.

^eClinical Model is the Demographic Model adjusted for diabetes, hypertension, high cholesterol, the Center for Epidemiologic Studies Depression Scale (CES-D), and body mass index (BMI).

Table S13. Association^a between visit 1 flavonoid intake and ln(TMT-B) for White study participants without MMSE exclusion, HANDLS 2004-2020.

	Basic Model ^b		Demographic Model ^c		Lifestyle Model ^d		Clinical Model ^e		
	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value
<i>Flavonoid Main Effect: Association between visit 1 flavonoid intake and visit 1 ln(TMT-B)</i>									
Total Flavonoids	-0.00037	\pm 0.00033	0.261	-0.00024	\pm 0.00027	0.371	-0.00021	\pm 0.00027	0.426
Flavones	-0.85911	\pm 0.18808	<0.001	-0.38499	\pm 0.15796	0.015	-0.33718	\pm 0.15939	0.034
Flavonols	-0.01578	\pm 0.00866	0.069	-0.00517	\pm 0.00710	0.467	-0.00265	\pm 0.00717	0.712
Flavonones	-0.01029	\pm 0.00955	0.282	-0.00692	\pm 0.00789	0.381	-0.00515	\pm 0.00793	0.516
Flavan-3-ols	-0.00028	\pm 0.00034	0.407	-0.00021	\pm 0.00028	0.447	-0.00019	\pm 0.00028	0.491
Anthocyanidins	-0.05140	\pm 0.00958	<0.001	-0.02115	\pm 0.00820	0.010	-0.01957	\pm 0.00824	0.018
<i>Flavonoid*Time Interaction: Association between visit 1 flavonoid intake and change in ln(TMT-B) over time</i>									
Total Flavonoids	0.00005	\pm 0.00003	0.128	0.00004	\pm 0.00003	0.241	0.00004	\pm 0.00003	0.235
Flavones	0.02823	\pm 0.01963	0.151	0.02640	\pm 0.01947	0.175	0.02622	\pm 0.01951	0.179
Flavonols	0.00150	\pm 0.00086	0.083	0.00117	\pm 0.00085	0.170	0.00120	\pm 0.00085	0.160
Flavonones	0.00086	\pm 0.00112	0.441	0.00081	\pm 0.00110	0.461	0.00079	\pm 0.00110	0.474
Flavan-3-ols	0.00005	\pm 0.00003	0.153	0.00004	\pm 0.00003	0.278	0.00004	\pm 0.00003	0.271
Anthocyanidins	0.00131	\pm 0.00081	0.105	0.00108	\pm 0.00080	0.174	0.00106	\pm 0.00080	0.186
									0.00106 \pm 0.00079

Abbreviations: TMT, Trail Making Test; MMSE, Mini-Mental State Exam; SE, Standard Error.

^aAssociations are reported for a 10-unit increment in visit 1 flavonoid intake.

^bBasic Model includes fixed effects for visit 1 flavonoid intake, time, and visit 1 flavonoid intake*time.

^cDemographic Model is the Basic Model adjusted for visit 1 age in years, age-squared, sex, race, poverty status, education in years, and Wide Range Achievement Test (WRAT) scores.

^dLifestyle Model is the Demographic Model adjusted for current smoking status, current drug use, and total energy intake at visit 1.

^eClinical Model is the Demographic Model adjusted for diabetes, hypertension, high cholesterol, the Center for Epidemiologic Studies Depression Scale (CES-D), and body mass index (BMI).

Table S14. Association^a between visit 1 flavonoid intake and ln(TMT-B) for African American study participants without MMSE exclusion, HANDLS 2004-2020.

	Basic Model ^b			Demographic Model ^c			Lifestyle Model ^d			Clinical Model ^e		
	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value	$\hat{\beta}$	\pm SE	p-value
<i>Flavonoid Main Effect: Association between visit 1 flavonoid intake and visit 1 ln(TMT-B)</i>												
Total Flavonoids	-0.00090	\pm 0.00076	0.241	-0.00001	\pm 0.00066	0.993	0.00016	\pm 0.00066	0.813	0.00012	\pm 0.00065	0.858
Flavones	-0.51534	\pm 0.27456	0.061	0.05560	\pm 0.23864	0.816	0.15961	\pm 0.24053	0.507	0.08918	\pm 0.23524	0.705
Flavonols	-0.01469	\pm 0.01473	0.319	0.00047	\pm 0.01286	0.971	0.01354	\pm 0.01345	0.314	0.00277	\pm 0.01267	0.827
Flavonones	0.00269	\pm 0.00725	0.710	0.00751	\pm 0.00624	0.228	0.01040	\pm 0.00629	0.098	0.00839	\pm 0.00615	0.172
Flavan-3-ols	-0.00097	\pm 0.00080	0.224	-0.00017	\pm 0.00069	0.800	-0.00008	\pm 0.00069	0.901	-0.00007	\pm 0.00068	0.916
Anthocyanidins	0.01040	\pm 0.01333	0.435	0.01971	\pm 0.01148	0.086	0.02555	\pm 0.01157	0.027	0.02211	\pm 0.01132	0.051
<i>Flavonoid*Time Interaction: Association between visit 1 flavonoid intake and change in ln(TMT-B) over time</i>												
Total Flavonoids	0.00007	\pm 0.00008	0.386	0.00006	\pm 0.00008	0.415	0.00006	\pm 0.00008	0.401	0.00005	\pm 0.00008	0.537
Flavones	-0.00244	\pm 0.02504	0.922	-0.00501	\pm 0.02480	0.840	-0.00799	\pm 0.02485	0.748	-0.00864	\pm 0.02486	0.728
Flavonols	0.00104	\pm 0.00154	0.499	0.00113	\pm 0.00152	0.457	0.00117	\pm 0.00152	0.444	0.00069	\pm 0.00152	0.653
Flavonones	-0.00028	\pm 0.00070	0.689	-0.00048	\pm 0.00070	0.489	-0.00050	\pm 0.00070	0.468	-0.00050	\pm 0.00070	0.471
Flavan-3-ols	0.00008	\pm 0.00008	0.328	0.00008	\pm 0.00008	0.344	0.00008	\pm 0.00008	0.331	0.00006	\pm 0.00008	0.448
Anthocyanidins	-0.00097	\pm 0.00108	0.368	-0.00094	\pm 0.00107	0.380	-0.00097	\pm 0.00107	0.365	-0.00096	\pm 0.00107	0.368

Abbreviations: TMT, Trail Making Test; MMSE, Mini-Mental State Exam; SE, Standard Error.

^aAssociations are reported for a 10-unit increment in visit 1 flavonoid intake.

^bBasic Model includes fixed effects for visit 1 flavonoid intake, time, and visit 1 flavonoid intake*time.

^cDemographic Model is the Basic Model adjusted for visit 1 age in years, age-squared, sex, race, poverty status, education in years, and Wide Range Achievement Test (WRAT) scores.

^dLifestyle Model is the Demographic Model adjusted for current smoking status, current drug use, and total energy intake at visit 1.

^eClinical Model is the Demographic Model adjusted for diabetes, hypertension, high cholesterol, the Center for Epidemiologic Studies Depression Scale (CES-D), and body mass index (BMI).