

**Supplementary table n.1**

	<b>Patients with risk of orthorexia</b> <b>N=87</b>			
<b>Questions</b>	<b>Always</b>	<b>Often</b>	<b>Sometimes</b>	<b>Never</b>
<b>1</b>	5 (5.7%)	10 (11.5%)	14 (16.1%)	58 (66.7%)
<b>2</b>	0	5 (5.7%)	6 (6.9%)	76 (87.4%)
<b>3</b>	7 (8%)	12 (13.8%)	17 (19.5%)	51 (58.6%)
<b>4</b>	14 (16.1%)	23 (26.4%)	36 (41.4%)	14 (16.1%)
<b>5</b>	17 (19.5%)	3 (3.4%)	24 (27.6%)	43 (49.4%)
<b>6</b>	50 (57.5%)	9 (10.3%)	23 (26.4%)	5 (5.7%)
<b>7</b>	2 (2.3%)	16 (18.4%)	7 (8%)	62 (71.3%)
<b>8</b>	6 (6.9%)	34 (39%)	36 (41.4%)	11 (12.6%)
<b>9</b>	11 (12.6%)	17 (19.5%)	24 (27.6%)	35 (40.2%)
<b>10</b>	22 (25.3%)	16 (18.4%)	30 (34.4%)	19 (21.8%)
<b>11</b>	20 (23%)	22 (25.3%)	18 (20.7%)	27 (31%)
<b>12</b>	36 (41.4%)	22 (25.3%)	18 (20.7%)	11 (12.6%)
<b>13</b>	9 (10.3%)	6 (6.9%)	13 (14.9%)	59 (67.8%)
<b>14</b>	45 (51.7%)	33 (37.9%)	5 (5.7%)	4 (4.6%)
<b>15</b>	0	5 (5.7%)	16 (18.4%)	66 (75.9%)

**Supplementary table n.2**

	<b>Patients without risk of orthorexia</b> <b>N=26</b>			
<b>Questions</b>	<b>Always</b>	<b>Often</b>	<b>Sometimes</b>	<b>Never</b>
<b>1</b>	1 (3.8%)	1 (3.8%)	5 (19.2%)	19 (73.1%)
<b>2</b>	0	0	1 (3.8%)	25 (96.2%)
<b>3</b>	0	0	6 (23%)	20 (77%)
<b>4</b>	2 (7.7%)	1 (3.8%)	14 (53.8%)	9 (34.6%)
<b>5</b>	9 (34.6%)	5 (19.2%)	3 (11.5%)	9 (34.6%)
<b>6</b>	6 (23%)	3 (11.5%)	7 (26.9%)	10 (38.5%)
<b>7</b>	0	1 (3.8%)	3 (11.5%)	22 (84.6%)
<b>8</b>	4 (15.4%)	12 (46.2%)	8 (30.8%)	2 (7.6%)
<b>9</b>	2 (7.7%)	5 (19.2%)	5 (19.2%)	14 (53.8%)
<b>10</b>	3 (11.5%)	1 (3.8%)	4 (15.4%)	18 (69.2%)
<b>11</b>	2 (7.7%)	4 (15.4%)	11 (42.3%)	9 (34.6%)
<b>12</b>	0	8 (30.8%)	4 (15.4%)	14 (53.8%)
<b>13</b>	2 (7.7%)	3 (11.5%)	9 (34.6%)	12 (46.2%)
<b>14</b>	8 (30.8%)	8 (30.8%)	6 (23%)	4 (15.4%)
<b>15</b>	1 (3.8%)	0	1 (3.8%)	24 (92.3%)

**Supplementary table n.3**

	Control group with risk of orthorexia N=21			
Questions	Always	Often	Sometimes	Never
1	4 (19%)	5 (23.8%)	7 (33.3%)	5 (23.8%)
2	0	1 (4.8%)	3 (14.2%)	17 (81%)
3	0	5 (23.8%)	6 (28.6%)	10 (47.6%)
4	1 (4.8%)	7 (33.3%)	9 (42.9%)	4 (19%)
5	1 (4.8%)	2 (9.5%)	8 (38%)	10 (47.6%)
6	9 (42.9%)	10 (47.6%)	2 (9.5%)	0
7	1 (4.8%)	0	3 (14.2%)	17 (81%)
8	1 (4.8%)	7 (33.3%)	12 (57%)	1 (4.8%)
9	4 (19%)	3 (14.2%)	8 (38%)	6 (28.6%)
10	3 (14.2%)	4 (19%)	6 (28.6%)	8 (38%)
11	4 (19%)	6 (28.6%)	6 (28.6%)	5 (23.8%)
12	8 (38%)	8 (38%)	3 (14.2%)	2 (9.5%)
13	2 (9.5%)	3 (14.2%)	11 (52.4%)	5 (23.8%)
14	10 (47.6%)	11 (52.4%)	0	0
15	0	6 (28.6%)	12 (57%)	3 (14.2%)

**Supplementary table n.4**

	Control group without risk of orthorexia N=24			
Questions	Always	Often	Sometimes	Never
1	2 (8.3%)	3 (12.5%)	10 (41.7%)	9 (37.5%)
2	0	0	2 (8.3%)	22 (91.7%)
3	0	0	4 (16.7%)	20 (83.3%)
4	0	1 (4.17%)	5 (20.8%)	18 (75%)
5	8 (33.3%)	6 (25%)	8 (33.3%)	2 (8.3%)
6	5 (20.8%)	7 (29.2%)	9 (37.5%)	3 (12.5%)
7	0	0	1 (4.17%)	23 (95.8%)
8	8 (33.3%)	10 (41.7%)	6 (25%)	0
9	7 (29.2%)	5 (20.8%)	7 (29.2%)	5 (20.8%)
10	0	3 (12.5%)	7 (29.2%)	14 (58.3%)
11	1 (4.17%)	1 (4.17%)	5 (20.8%)	17 (70.8%)
12	5 (20.8%)	7 (29.2%)	6 (25%)	6 (25%)
13	2 (8.3%)	2 (8.3%)	9 (37.5%)	11 (45.8%)
14	9 (37.5%)	11 (45.8%)	4 (16.7%)	0
15	0	2 (8.3%)	15 (62.5%)	7 (29.2%)