Supplementary Table S1: Breastfeeding type postpartum to 2,4 and 6 months postpartum.

Total type of breast-feeding postpartum	Type of breastfeeding at 2 months postpartum											Type of breastfeeding at 4 months postpartum											Type of breastfeeding at 6 months postpartum										
	Exclusive breastfeeding		Breastfeeding with occasional help		Breastfeeding mixed		Artificial breastfeeding		χ^2 (df)	p-Value	V	Exclusive breastfeeding		Breastfeeding with occasional help		Breastfeeding mixed		Artificial breastfeeding		χ^2 (df)	p-Value	V	Exclusive breastfeeding		Breastfeeding with occasional help		Breastfeeding mixed		Artificial breastfeeding		χ^2 (df)	p-Value	V
	Group		Group		Group		Group					Group		Group		Group		Group					Group		Group		Group		Group				
	IG n (%)	CG n (%)	IG n (%)	CG n (%)	IG n (%)	CG n (%)	IG n (%)	CG n (%)				IG n (%)	CG n (%)	IG n (%)	CG n (%)	IG n (%)	CG n (%)	IG n (%)	CG n (%)				IG n (%)	CG n (%)	IG n (%)	CG n (%)	IG n (%)	CG n (%)	IG n (%)	CG n (%)			
Exclusive breastfeeding (n=298)	135(86.5)	75(72.8)	11(7.1)	9(8.7)	8(5.1)	13(12.6)	2(1.3)	6(5.8)	10.11(3)	<0.01	0.20	113(78.5)	50(57.5)	16(11.1)	10(11.5)	8(5.6)	14(16.1)	7(4.9)	13(14.9)	16.08(3)	<0.01	0.26	87(65.9)	43(53.1)	14(10.6)	8(9.9)	26(19.7)	22(27.2)	5(3)	8(9.)	5.68(3)	0.12	0.12
z-value	2.8	-2.8	-0.5	0.5	-2.2	2.2	-2.1	2.1				3.4	-3.4	-0.1	0.1	-2.6	2.6	-2.6	2.6				1.9	-1.9	0.2	-0.2	-1.3	1.3	-1.8	1.8			
Breastfeeding with occasional help (n=51)	5(18.5)	7(38.9)	5(18.5)	5(27.8)	10(37)	2(11.1)	7(25.9)	4(22.2)	4.88(3)	0.18	0.32	9(39.1)	4(26.7)	2(8.7)	1(6.7)	4(17.4)	6(40)	8(34.8)	4(26.7)	2.41(3)	0.5	0.25	8(57.1)	1(8.3)	2(14.3)	3(25)	3(21.4)	8(66.7)	1(7)	--	8.81(3)	0.03	0.58
z-value	-1.5	1.5	-0.7	0.7	1.9	-1.9	0.3	-0.3				0.8	-0.8	0.2	-0.2	-1.5	1.5	0.5	-0.5				2.6	-2.6	-0.7	0.7	-2.3	2.3	0.9	-0.9			
Breastfeeding mixed (n=33)	4(25)	3(30)	2(12.5)	--	6(37.5)	3(30)	4(25)	4(40)	1.85(3)	0.6	0.26	3(23.1)	2(28.6)	3(23.1)	1(114.3)	2(15.4)	0(0)	5(38.5)	4(57.1)	1.66(3)	0.64	0.28	3(37.5)	2(66.7)	--	--	4(50)	--	1(12.5)	1(33.3)	2.42(3)	0.3	0.
z-value	-0.3	0.3	1.2	-1.2	0.4	-0.4	-0.8	0.8				-0.3	0.3	0.5	-0.5	1.1	-1.1	-0.8	0.8				-0.9	0.9	--	--	1.5	-1.5	-0.8	0.8			

Note: χ^2, chi-square test; df, degrees of freedom; V, Cramer's V; significant p-Values < 0.05; IG, intervention group; CG, control group.