

Table S1. Sensitivity analysis of the studies (RCTs and Cross-over design) included for immediate recall meta-analysis.

RCT	Model statistics with this study omitted		
Study omitted	<i>Hedges g</i>	<i>z</i>	<i>p</i>
Anton et al 2018	0.255	2.50	0.012
Boespflug et al 2017	0.217	2.05	0.040
Botwell et al 2017	0.243	2.27	0.023
Fournier et al 2007	0.253	2.33	0.019
Henderson et al 2012	0.249	2.05	0.040
Kreijkamp-Kaspers et al 2004	0.234	1.99	0.046
Rayney-Smith et al 2015	0.132	1.74	0.082
Sala-Vila et al 2020	0.257	2.23	0.025
Siddarth et al 2020	0.254	2.17	0.030
Evans et al. 2017	0.239	2.12	0.034
You et al. 2021	0.182	1.95	0.051
Herrlinger et al., 2018	0.201	1.8	0.061
Cross-over	Model statistics with this study omitted		
Alharbi et al. 2016	-2.385	-0.145	0.884
Cook et al 2020	3.907	0.251	0.802
Dodd et al 2019	-0.004	-2.523	0.980
Kennedy et al 2017	-0.058	-0.311	0.755