

Supplementary File S3 - Prevalence of deficiency

Vitamin A (<1.2 µmol/L)				
	Baseline	Week 1	Week 2	Week 3
AMC	100%	30%	30%	20%
VUmc	100%	70%	10%	30%
Controls	0% (0/5)			

Vitamin B6 (<35 nmol/L)				
	Baseline	Week 1	Week 2	Week 3
AMC	80%	90%	100%	80%
VUmc	100%	80%	80%	90%
Controls (n=3)	100% (3/3)			

Vitamin D (<50 nmol/L)				
	Baseline	Week 1	Week 2	Week 3
AMC	70%	50%	60%	60%
VUmc	70%	70%	70%	70%
Controls	60% (3/5)			

Vitamin E (<15 µmol/L)				
	Baseline	Week 1	Week 2	Week 3
AMC	10%	0%	10%	0%
VUmc	10%	10%	10%	0%
Controls	0% (0/5)			

Iron (<11 µmol/L)				
	Baseline	Week 1	Week 2	Week 3
AMC	90%	100%	90%	100%
VUmc	100%	100%	90%	90%
Controls	40% (2/5)			

Transferrin (<1.6 g/L)				
	Baseline	Week 1	Week 2	Week 3
AMC	70%	70%	50%	60%
VUmc	90%	80%	50%	30%
Controls	0% (0/5)			

Zinc (<10 µmol/L)				
	Baseline	Week 1	Week 2	Week 3
AMC	80%	60%	30%	10%
VUmc	70%	70%	50%	30%
Controls	0% (0/5)			

Selenium (<0.70 µmol/L)				
	Baseline	Week 1	Week 2	Week 3
AMC	50%	30%	10%	0%
VUmc	60%	0%	0%	0%
Controls	0% (0/5)			

Copper (<10 µmol/L)				
	Baseline	Week 1	Week 2	Week 3
AMC	0%	0%	0%	0%
VUmc	0%	0%	0%	0%
Controls	0% (0/5)			