

Table S1. Disease Activity Index score

Score	Weight loss rate (%)	Stool properties	Fecal occult blood
0	0	Normal	Negative
1	1-5	Weak soft stool	Weak positive
2	6-10	Soft stool	Positive
3	11-15	Mucus-like stool	Strong positive
4	>15	Watery stool	Blood fecal stool