



**Figure S1. Combined analysis of the changes ( $\Delta$ -adjusted) in the scores of episodic memory function tests for per-protocol sets in Trials 1 and 2. A, composite memory; B, verbal memory; C, visual memory. LCPUFAs, long-chain polyunsaturated fatty acids; LZ, lutein and zeaxanthin; SD, standard deviation; MD, mean difference; CI, confidence interval.**