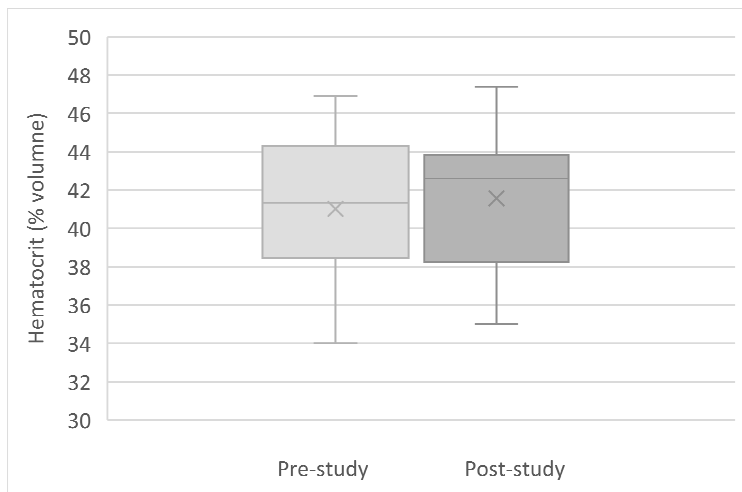


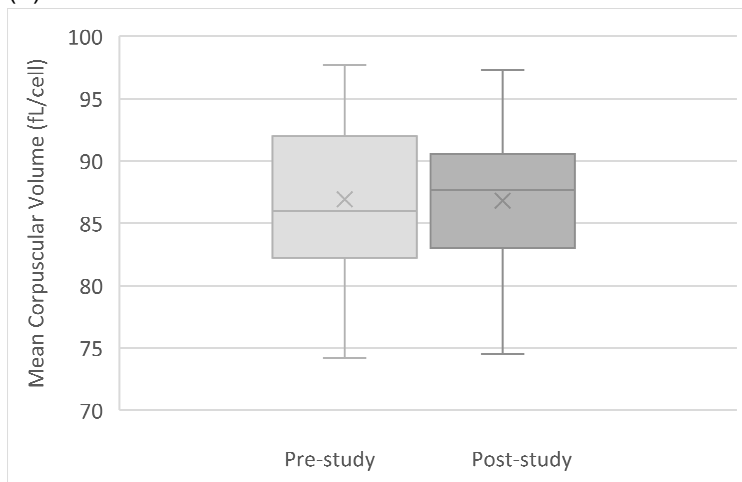
Supplementary Materials:

Figure S1: Pre- and post- study levels of **(a)** hematocrit, **(b)** mean corpuscular volume, **(c)** erythrocyte sedimentation rate, **(d)** alanine aminotransferase.

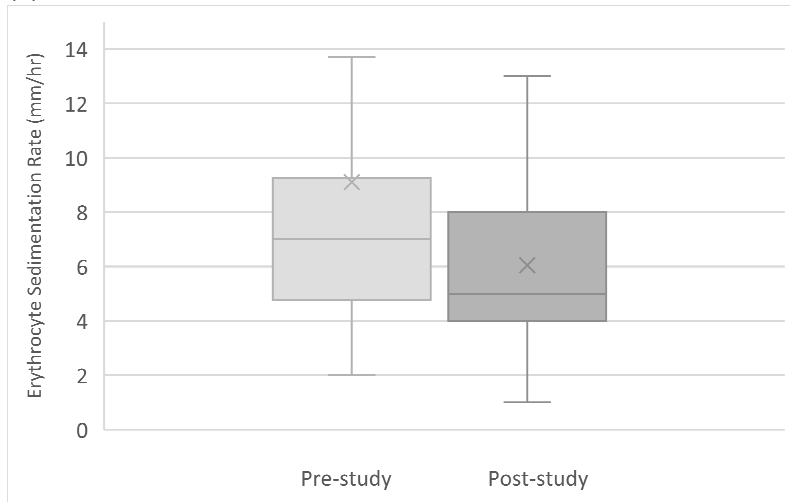
(a)



(b)



(c)



(d)

