



Supplementary Figure S1. Cell viability (MTT assay). Legend: NC, negative control; PC, orlistat-treated cells.

Supplementary Table S1. Serum concentrations of hormones associated with the development of obesity

	Leptin ($\mu\text{g}/\text{ml}$)	Adiponectin ($\mu\text{g}/\text{ml}$)	Insulin ($\mu\text{g}/\text{ml}$)
ND	6.92 ± 0.94	12.45 ± 1.21	0.93 ± 0.07
HCD + Placebo	$65.13 \pm 5.07^{***}$	$6.34 \pm 0.82^{***}$	$1.77 \pm 0.10^{***}$
HCD + Probiotics	$45.01 \pm 3.02^{##}$	$8.10 \pm 0.86^{##}$	$1.34 \pm 0.08^{##}$

Data are expressed as mean \pm standard deviation (n=5 per group). *** p<0.001 vs ND; ## p<0.001 vs HCD + placebo. Legend: HCD, high carbohydrate diet; ND, normal diet.