



Supplementary Figure S1. The yearly trend of average salt intake in adults in Japan. From the National Nutrition Surveys in 1973–2002 and the National Health and Nutrition Surveys in 2003–2017 [1]. The bullets represent the averages of salt intake by year in the surveys.

1. Ministry of Health, Labour and Welfare. The National Health and Nutrition Survey. Available online: https://www.mhlw.go.jp/bunya/kenkou/kenkou_eiyoushou.html (accessed on 5 September 2022).