

Supplementary Table S2. Quality Assessment

Author	Validity Questions										Quality Rating
	1	2	3	4	5	6	7	8	9	10	
Ormsbee et al. (2016) ⁷⁶	●	●	●	●	●	●	●	●	●	●	∅
Black et al. (2018) ⁷⁵	●	●	●	●	●	●	●	●	●	●	∅
Shamloo et al. (2019) ⁷⁴	●	●	●	●	●	●	●	●	●	●	-
Kasper et al. (2020) ⁷⁷	●	●	●	●	●	●	●	●	●	●	∅
Morehen et al. (2021) ⁷⁰	●	●	●	●	●	●	●	●	●	●	+
Harnett et al. (2021) ⁷²	●	●	●	●	●	●	●	●	●	●	∅
Quero et al. (2021) ⁷³	●	●	●	●	●	●	●	●	●	●	+
Wangdi et al. (2021) ⁷¹	●	●	●	●	●	●	●	●	●	●	∅
MacInnis et al. (2020) ⁴³	●	●	●	●	●	●	●	●	●	●	∅
Oikawa et al. (2019) ⁶⁰	●	●	●	●	●	●	●	●	●	●	+
Miles et al. (2021) ⁶¹	●	●	●	●	●	●	●	●	●	●	∅
Ferguson et al. (2022) ⁵⁹	●	●	●	●	●	●	●	●	●	●	+
Vandenbogaerde & Hopkins (2010) ⁶⁷	●	●	●	●	●	●	●	●	●	●	∅
Miller et al. (2014) ⁶³	●	●	●	●	●	●	●	●	●	●	+
Ali et al. (2015) ⁶⁸	●	●	●	●	●	●	●	●	●	●	∅
Dunican et al. (2018) ⁶⁴	●	●	●	●	●	●	●	●	●	●	+
Ramos-Campo et al. (2019) ⁶⁵	●	●	●	●	●	●	●	●	●	●	+
Raya-Gonzalez et al. (2021) ⁶⁹	●	●	●	●	●	●	●	●	●	●	∅
Caia et al. (2021) ⁶⁶	●	●	●	●	●	●	●	●	●	●	+
Hoshikawa et al. (2018) ⁸¹	●	●	●	●	●	●	●	●	●	●	∅
Knufinke et al. (2018) ⁸⁰	●	●	●	●	●	●	●	●	●	●	+
Monma et al. (2018) ⁷⁸	●	●	●	●	●	●	●	●	●	●	∅
Silva & Paiva (2018) ⁶²	●	●	●	●	●	●	●	●	●	●	+
Yasuda et al. (2019) ⁸³	●	●	●	●	●	●	●	●	●	●	∅
Monma et al. (2021) ⁷⁹	●	●	●	●	●	●	●	●	●	●	+
Hoshino et al. (2022) ⁸²	●	●	●	●	●	●	●	●	●	●	+
Moss et al. (2022) ⁸⁴	●	●	●	●	●	●	●	●	●	●	+
Tinsley et al. (2019) ⁸⁵	●	●	●	●	●	●	●	●	●	●	+
Louis et al. (2016) ⁵⁵	●	●	●	●	●	●	●	●	●	●	+
Killer et al. (2017) ⁵⁶	●	●	●	●	●	●	●	●	●	●	+
Leyh et al. (2018) ⁵⁸	●	●	●	●	●	●	●	●	●	●	+
Vlahoyiannis et al. (2018) ⁵⁷	●	●	●	●	●	●	●	●	●	●	+
Daniel et al. (2019) ⁴⁰	●	●	●	●	●	●	●	●	●	●	+
Falkenberg et al. (2021) ³⁷	●	●	●	●	●	●	●	●	●	●	+
Condo et al. (2022) ⁵⁴	●	●	●	●	●	●	●	●	●	●	+

Quality rating symbols indicate a positive (+), neutral (∅), or negative (-) study rating.