

Supplementary Table S1. Descriptive statistics of urinary sodium excretion (mg/day) and PREDIMED score

Sodium excretion (mg/day)		
	Women	Men
Mean	2937	3807
Percentile 25	2092	2736
Percentile 50	2782	3678
Percentile 75	3609	4667
Adherence to the Mediterranean Diet (PREDIMED score)		
	Women	Men
Mean	9.06	9.12
Percentile 25	8	8
Percentile 50	9	9
Percentile 75	10	11

Supplementary Table S2. Medians of sodium excretion according to categories of Mediterranean Diet adherence.

Sodium excretion (median mg/day)			
	Low Adherence to MedDiet	High Adherence to MedDiet	P value
Women	2944	2633	0.004
Men	3588	3749	0.182