



Risk of bias legend

- (A) Clear research question
- (B) No selection bias
- (C) Comparable groups
- (D) Handling of withdrawals
- (E) Blinding used
- (F) Interventions described
- (G) Outcomes and measurements valid
- (H) Statistical analysis appropriate
- (I) Conclusions supported and biases considered
- (J) Funding / sponsorship bias unlikely
- (K) Overall

\*although described as 'VLCD', was likely >900kcal

**Supplementary Figure S1. Forest plot of operating time outcome for studies that gave preoperative dietary intervention and compared time between groups**