

**Table S1.** Demographics of ALS patients.

<b>Variables</b>	<b><i>n</i></b>	<b>Mean <math>\pm</math> SD</b>	<b>Median</b>
Gender (M: F)	52 (31:22)		
Age at symptom onset	52	61.25 $\pm$ 10.24	62
Age at initial BIA measurement	52	65.04 $\pm$ 8.42	65
$\Delta$ Weight (g)/duration (month)	52	18.02 $\pm$ 946.45	0
$\Delta$ Muscle mass (g)/duration (months)	52	328.65 $\pm$ 1673.16	-44.93
$\Delta$ Body mass index (BMI, kg/m <sup>2</sup> )/duration (months)	52	0.01 $\pm$ 0.33	0
$\Delta$ Skeletal muscle mass (g)/duration (months)	52	136.13 $\pm$ 880.04	-38.26
$\Delta$ Fat-free muscle mass (g)/duration (months)	52	309.32 $\pm$ 1599.87	-44.51
$\Delta$ SMI (kg/m <sup>2</sup> )/duration (months)	52	0.1 $\pm$ 0.61	-0.03
$\Delta$ Body fat percentage (%)/duration (months)	52	-0.77 $\pm$ 4.66	0.1
$\Delta$ Phase angle (degree)/duration (months)	52	-0.16 $\pm$ 0.31	-0.09
$\Delta$ ECW/TBW (mL)/duration (months)	52	2.19 $\pm$ 4.87	1.09
$\Delta$ Basal metabolism (kcal)/duration (months)	52	6.73 $\pm$ 34.73	-0.89
Duration between measurement (months)	52	7.46 $\pm$ 5.08	6.17
Number of patients with tracheostomy	25		
Number of patients with possible oral food intake	11		
Number of patients with PEG	15		
Number of patients with a nasogastric tube	25		

$\Delta$  = subtraction from follow-up measurements to baseline BIA values. SD = standard deviation.